

Celebrity Buzz

Penn still striking out at photogs
pg 22



The world's largest global newspaper

metro

VANCOUVER • MONDAY, FEBRUARY 22, 2010

metronews.ca

ROBSON COLLEGE 541 SEYMOUR ST. VANCOUVER, B.C. (604) 687-3259

스피킹&리스닝
\$400

3시간/일, 주 5일 과정

한국어 상담: 지니 778-891-3259

Speaking & Listening 3hr/d, 5d/wk
C\$400.00 Pls call 778-891-3259



American Chris Drury celebrates after scoring against Martin Brodeur late in the second period, putting the U.S. up 3-1. More, page 10

Long-track **Double medallist**



Canadian speedskater Kristina Groves, from Ottawa, stands on the podium after winning the silver medal yesterday in the women's 1,500-metre long-track event at the Richmond Oval. It was Groves' second medal of the Games. More, page 11

Sunday sours

Team Canada takes 5-3 drubbing from U.S. rivals in Games match

VANCOUVER
2010 Games

SEAN KOLENKO
and GREG DOWNS

Despite crowds of up to an estimated 150,000 people and some valiant attempts at rallying support for our men's hockey team, Vancouver's downtown was the scene of frustration yesterday evening after Canada's 5-3 loss to the U.S.

"Disappointing, they're just not playing as a cohesive team," said Calgaryan Brett Horan near the end of the third period at LiveCity Yaletown. "They just can't catch any breaks."

The crowd was lively early in the afternoon for Super Sunday, as dressed-up Canadians filed into David Lam Park waving flags and blowing their air horns. Expectations were high for the first game between the bitter rivals since the Salt Lake City Olympics.

Any outward show of confidence by Canada fans lasted all of 48 seconds — that's how long it took the U.S. team to score its first goal — and turned into an awkward silence.

Over at the Red Card Bar, which was at capacity for the game, fan Jason Banack insisted there would be a comeback.

"I think they can come back, I'm sure they will come back, we've got the



A spectator reacts during the Canada-U.S. hockey game last night at LiveCity Yaletown.

best talent in the world and they're wearing red," he said.

When Sidney Crosby scored late in the third period it revived the crowd's spirits momentarily, but the U.S.'s empty netter shortly

after put an end to any hopes of a celebration.

Banack and his friends could only muster, "it's not over!" while American fans chanted U.S.A.

Over in Yaletown, dejected Canada fans left the party site shaking their heads in disbelief, with some offering up tips for success in the next game.

"We should have won, we outshot them (45-23)," said Mike Haat. "And, Luongo should be in next game. It's not over yet."

News on the Move

What's this barcode for?

Learn how to scan the barcode with the instructions at the top of pg 2



When I RETIRE I'm TRAVELLING to
It's worth a talk.

ONLY 7 DAYS LEFT

Speak to a CIBC Advisor about making an RRSP contribution by March 1st.



For what matters.

"It's worth a talk." and "CIBC For what matters." are trademarks of CIBC.

LASIK MD VISION

Have LASIK Now.
Take Until 2015 to Pay!

LASER VISION CORRECTION
Starting at

\$490 /eye*

TAX

Take 5 Years to Pay!

2015

FREE Consultation: 604-639-8088 • VANCOUVER: 1281 West Georgia Street • www.lasikmd.com

* Prices are subject to change without prior notice. Prices vary based on prescription strength. Applicable to surgery on both eyes only. † 60 month financing, starting at 8.9% interest, and subject to Desjardins Card Services credit approval.

Dr. Richard Leger MD, FRCSC
Dr. Thomas Nagy MD, FRCSC

2 News on the Move

IN THREE EASY STEPS



1 DOWNLOAD THE FREE SCANLIFE APPLICATION WITH YOUR SMARTPHONE AT 2DSCAN.COM

2 USE THE SCANLIFE APPLICATION ON YOUR SMARTPHONE TO SCAN 2D BARCODES IN METRO

3 THE CODES WILL DIRECT YOUR MOBILE BROWSER TO RELEVANT CONTENT AT M.METRONEWS.CA

Local

fantastic CITY

Become a Facebook fan for the chance to win airfare to any Metro city in Canada.

Look what city is leading now...

HALIFAX FANS	OTTAWA FANS	TORONTO FANS	CALGARY FANS	EDMONTON FANS	VANCOUVER FANS
536	295	681	309	158	322

*Total number of fans as of 1:30 PM yesterday. Numbers shown are based on specified criteria. Become a FAN at facebook.com/vancouvermetro

News in brief

CROSBY Sidney Crosby and Shea Weber's game-day preparation ahead of their match against the United States hockey team yesterday involved playing Ping-Pong in the Athletes' Village, cknw.com reports. The two took breaks to watch other athletes compete.

O CANADA Play stopped for a few moments at the curling centre Saturday night when about 5,000 fans started singing O Canada. Members of all eight rinks looked around, seemingly amazed at the showing of national pride.

METRO NEWS SERVICES

metronews.ca

WHAT'S ONLINE TODAY

Immigration Guidy Mamann on options for those refused permanent residency for failing to prove English skills at metronews.ca/immigration

Lotteries

Friday, Feb. 19
Lotto Max: 4, 23, 27, 32, 35, 43 & 47 Bonus 24
Extra: 63, 65, 73, 77
Saturday, Feb. 20
Lotto 6/49: 13, 15, 18, 20, 23 & 26 Bonus 17
BC 49: 9, 10, 11, 19, 45 & 47 Bonus 27
Extra: 62, 70, 79, 83
These results are not official.

ADVERTISE TODAY!
1 888 91 metro (63876)

Liquor store closures ease rowdiness

Early shutdowns cut drinking: VPD

SEAN KOLENKO
for Metro Vancouver

Less access to booze was a contributing factor to the better-behaved crowds downtown the last two nights, according to Vancouver Police Department spokesperson Const. Lindsey Houghton.

After a rowdy Friday night throughout the core of the city, the VPD approached the B.C. Liquor Board about closing both government and private liquor stores by 7 p.m. — for a period of 24 hours — to lessen the amount of public drinking.

"The amount of open liquor was cut down," Houghton said. "And the amount of liquor being poured out by officers was less by half."

While the lower quantities of liquid courage helped the hoards play nice well into Saturday night,

the makeup of the masses also played a role in the more pleasant behaviour.

"There were more families out," added Houghton. "The crowd demographic definitely changed from Friday to Saturday. The crowd was in great spirits, lots of red and white."

Encouraged by the success of the liquor store closures, officers do not foresee a return of the behaviour they witnessed Friday night, even with large crowds expected to dominate the city through the end of the Games.

"If we need to, we have the resources to deploy down there," Houghton said.

m.metronews.ca



Scan this barcode for more local news on your smartphone. Learn how to scan the barcode with the instructions at the top of this page

Photo of the Day Fashion statement



Twitter enthusiasts sport the LoudMouth Golf-designed pants being worn by Norwegian curlers at an Olympic Hockey Tweet-up co-organized by Metro-Blenz News Squad member Shane Gibson (not pictured). Until March 1, Metro will publish a Photo of the Day submitted by a Metro reader or member of the Metro-Blenz News Squad. Send your submissions to vancouverletters@metronews.ca.

Blogger benefits from a little kindness

ONLINE Midway through the Olympics there's a lot of goodwill in Vancouver.

A quick walk by Metro-Blenz News Squad blogger Cari-Lee Stevens turned into box seats at the Finland-Germany hockey game.

Stevens and her "sweetie" returned tickets they found on the ground to a group of university-age students who had two extra tickets for Friday night's game.

"What good luck!" she

blogs. "Our little 20-minute walk turned into a fun night out in a box suite."

Jessica Evans blogs that it took walking into a sea of red at the Molson Canadian Hockey House to realize she doesn't own enough red.

"I look down," she writes. "Purple with grey. How can I cheer on Team Canada wearing purple?"

Read on at metrob-lenznewsquad.com.

METRO-BLENZ NEWS SQUAD

Games officials 'pleased' at midway mark

REPORT CARD Olympic organizers offered their midway assessment of the Games at a press conference in Vancouver this weekend, an evaluation in which they passed themselves with flying colours.

"We're extremely pleased with how the operations of the Games have been going," said VANOC executive vice-president Dave Cobb.

While Cobb used most of the press conference to pat himself and his organization on the back, he did speak to some of the growing pains faced in the first week of the Olympics.

"Some of our buses arrived in insufficient quality to what we expected," added Cobb. "But we had about 100 buses replaced in two days and now we believe our transit system to be running very well."

Along with the subpar buses, Cobb also addressed the long lineups in retail areas, food and beverage shortages in certain venues, and empty seats — those belonging to the press and families of athletes — in some of the stadiums.

"We have challenges when it comes to Olympic family seating and we are looking at tweaking the size of some of those areas," he said.

Gilbert Felli, executive director for the IOC, attended the press conference and congratulated VANOC on a job well done so far.

SEAN KOLENKO/
FOR METRO VANCOUVER

Canadian women taking on Fins in hockey semifinal

WATCH Following super Sunday, there's more hockey on Day 11 when the Canadian women play Finland in semifinal action at 5 p.m.

The winner advances to play either the United States or Sweden on Thursday.

Also on the ice, figure skaters Tessa Virtue and Scott Moir have a chance for a podium finish if they perform well in the ice dance at 4:45 p.m.

GREG DOWNS/
FOR METRO VANCOUVER

UNDOUBTEDLY THE EASIEST RUN ON THE Mountain.



Greyhound®
YOUR TICKET to WHISTLER
FARES STARTING AT \$19 | PACKAGES AS LOW AS \$90

GREYHOUND.CA

96.7% of Canadians exposed to Games coverage

A peak of 4.6 million Canadian viewers watched Jon Montgomery finish first in skeleton on Friday. After Day 8, 96.7 per cent of the population — or 32.4 million Canadians — have engaged with Vancouver 2010 coverage, according to Canada's Olympic Broadcast Media Consortium. **METRO VANCOUVER**

local 3



Joannie Rochette skates yesterday at Pacific Coliseum.

Skater's mother dies

Skate Canada officials said early yesterday that Therese Rochette, mother of figure skater Joannie Rochette, died overnight at Vancouver General Hospital. She was 55.

There was no immediate word on cause of death. A Skate Canada official said Rochette's mother collapsed Saturday night where she was staying.

The 24-year-old from Ile-Dupas, Que. — the reigning world silver medallist and a six-time Canadian champion — still plans to

compete, officials said. Her event starts tomorrow.

"We met with her this morning and she intends to compete at the Games," Skate Canada CEO William Thompson told reporters. "We will, of course, support any further decisions she makes in the upcoming days. She is very determined and we believe she is focused on competing here."

Rochette participated in an emotional practice yesterday afternoon. She came on the ice wiping

away tears while her dad and a group of family friends sat in the stands, crying through much of the 45-minute session.

"She may change her mind and that's fine too," Canadian chef de mission Nathalie Lambert said of Rochette's status at the Games. "I think she owes it to herself to go on that ice, to have no regrets and fulfil that dream that she had. It's going to be really hard physically and really hard emotionally for sure."

THE CANADIAN PRESS

2014's Winter Games host city feels the warmth

WEATHER Sochi, the site of the next Winter Games, is hotter than Vancouver — literally. The temperature hit 13 C in the Russian city yesterday, compared to 10 C in Vancouver where Olympic organizers have been combating less-than-wintery conditions. Temperatures are forecast to hover around 10 C all week in Sochi, which should have organizers of the next Winter Games sweating.

Snow had to be trucked in to Cypress Mountain after rain melted existing snow and warm temperatures prevented officials from making more of the white stuff.

GREG DOWNS/
FOR METRO VANCOUVER

News in brief

RCMP A Mountie working security during the Olympics has been relieved of her duties and sent back to her Ottawa detachment after being accused of shoplifting from a retail store in Burnaby. Suzanne Denise Marie Martel has been charged with theft under \$5,000.

METRO NEWS SERVICES



WOMEN VOLUNTEERS NEEDED

for Vancouver Rape Relief & Women's Shelter

FOR AN INTERVIEW, PLEASE CALL

604-872-8212 • rapereliefshelter.bc.ca



Your Gateway To A New Lifestyle

Welcome to Canada,
Where Dreams Come True

Come Live and Work in
Beautiful British Columbia

To learn more, visit

www.apgst.ca

info@apgst.ca

VISA



WORLDWIDE SPONSOR

The perfect gift at the perfect time.

This year, give the gift that lets that special person get exactly what they want. Give them the VISA® Gift Card issued by Scotiabank. Choose from four commemorative designs, then load it with any denomination from \$25 to \$500. It can be used anywhere VISA is accepted, and it's easily replaceable if it's lost or stolen.

Visit your local Scotiabank branch and get your gift card today.

scotiabank.com/visagiftcard



Scotiabank®

A technical error caused CBC NN to air about 45 minutes of Olympic footage coast-to-coast on the weekend. The Games can only be shown by CTV and Rogers Media, which paid \$93 million US for the rights to broadcast the Olympics. **METRO NEWS SERVICES**

Olympic crowds set to swell this week

BeatTheTraffic

Michel McDermott



The city is certainly ramping up for another busy

week of Olympic action and spirit.

Men's and women's hockey and curling quarter- and semi-finals will be taking place, to name a few highlights.

We're expecting some of the biggest crowds we've seen yet, so you know what that means. Yes, it's even more important to

Don't shy away from making the trek up to Whistler ... I have heard that the commute up is just great.

continue to leave your car at home and use public transit.

Pedestrian corridors will be packed so wear com-

fortable shoes for walking around and taking in the sites.

Long lineups are again anticipated at pavilions

and restaurants downtown.

Don't shy away from making the trek up to Whistler. Non-permitted vehicles have to avoid the Sea-to-Sky between 6 a.m. and 6 p.m. only, so work around that time and head up there.

I have heard that the commute up is just great

— super light traffic volume, and apparently there is a fair bit of parking available on the Blackcomb side.

Or, leave the driving to someone else and take the bus.

Watch Michel weekday mornings on Breakfast Television and her nightly Traffic Forecasts on Citytv, cable 13.

Can a teen bring you Games coverage like an old pro?

A group of tech-savvy teenage journalists are covering the Games, armed with the latest in multi-media. See how they're doing it.

Know more. Know now.

CBC News Vancouver

with Ian Hanomansing and Gloria Macarenko



Olympic streetcar crashes

TRANSIT The Olympic streetcar on loan from Belgium has collided with a Jeep.

About 70 passengers were onboard the Bombardier-made tram when it was hit by the vehicle carrying two people shortly after 11 on Friday night. No one was injured in the

crash. Vancouver police spokesperson Jana McGuinness said the Jeep was approaching 6th Avenue in the right-hand turn lane before the collision. The streetcar resumed service Saturday morning.

STIG NIELSEN/
FOR METRO VANCOUVER

Suspicious map leads to search

VILLAGE RCMP searched the Olympic village in Whistler with a dog team after a suspicious map of the complex was found.

Staff Sgt. Steve LeClair said the force was contacted about the discovery of a map that appeared to be of the athlete's village.

"There were unspecified notations on the map

which gave cause for concern. Areas within the athletes village were searched extensively with a dog team," an RCMP statement said.

Mounties said nothing notable was found and the venue is secure. LeClair said the investigation was conducted out of caution.

THE CANADIAN PRESS

News in brief

LEPROSY A worker on a cruise ship housing members of the Integrated Security Unit during the Games is undergoing treatment after being diagnosed with leprosy. According to health officials, the infected person is not a Canadian citizen and there is no public

health risk associated with the case.

RETAIL The Olympic superstore downtown Vancouver was kept open all night Saturday to accommodate the crush of people lining up to buy official Games merchandise.

THE ASSOCIATED PRESS

U WORK U DRIVE

YES YOU CAN OWN A VEHICLE!

• BUY HERE • PAY HERE

- ✓ No Credit
- ✓ Bad Credit
- ✓ Divorce
- ✓ Repossession
- ✓ Bankruptcy
- ✓ Separated
- ✓ Slow Payer
- ✓ High Debt Service
- ✓ First Time Buyer
- ✓ Refused by Bank

GUARANTEED IN HOUSE FINANCING

ALWAYS APPROVED.CA

JOHN 604-723-7063

www.alwaysapproved.ca

Tonight at **5, 5:30 & 6 pm**
and Late Night following The National

CBCnews

No leads in missing scientist case

There are still no leads in the case of an eastern Ontario scientist who disappeared last month. Lachlan Cranswick hasn't been seen since Jan. 18. **THE CANADIAN PRESS**

5

Canada



Unidentified students react as they arrive at Mocangue naval base in Rio de Janeiro Saturday. After clinging to rafts in high seas for up to 40 hours, about five dozen passengers who were rescued from the Canadian ship Concordia that sank in the Atlantic began arriving in Rio de Janeiro.

Brazil defends naval rescue of Canadians

The Brazilian navy yesterday defended its response to a shipwreck that left dozens of teenage students from around the world — including 42 Canadians — adrift on the ocean for two nights.

The navy deployed a search aircraft about 19 hours after receiving a distress signal from the Concordia on Feb. 17, which officials say is in line with standard procedure.

All 48 students and 16 crew members were safely rescued Friday, nearly 40 hours after the sailing ship capsized in the Atlantic several hundred kilometers off the Brazilian coast.

The students, who were

Homeward

- The 64 survivors of a Canadian sailing vessel that sank off Brazil are expected to begin leaving for home over the next 24 hours.

taking part in the Canadian-based Class Afloat program, were expected to begin flying home yesterday, as soon as their emergency documents and plane tickets were arranged.

Nigel McCarthy, president and CEO of West Island College International of Lunenburg, Nova Scotia, which operates Class Afloat, expressed concern

that the students were left adrift on life rafts for so long before being rescued. "We're certainly trying to gain a better understanding of why does it seem like such a long time," McCarthy said.

When efforts to communicate with the ship failed, the navy reached out to school officials in Canada, but not until about 10 a.m. Thursday. The officials also had no luck getting the ship's captain and crew on the radio or through e-mails, prompting the navy to ask for an air force search operation in the general location of the distress signal.

THE CANADIAN PRESS

Premiers wrap up friendly D.C. summit

POLITICS Seven Canadian premiers wrapped up a three-day visit to the U.S. capital yesterday, some of them heralding a new era in Canada-U.S. relations following their moment in the spotlight at an influential conference of American governors.

The premiers of Ontario, Quebec, Manitoba, Saskatchewan, Nova Scotia, New Brunswick and Prince Edward Island were warmly welcomed by U.S. power brokers throughout their time in D.C., including by

three top-level figures in U.S. President Barack Obama's administration.

But the highlight of their trip was their participation in the winter meeting of the National Governors' Association, with about 20 U.S. governors, mostly from border states, joining them for a round table.

The goodwill was in such abundance that Pennsylvania's Edward Rendell was easily nudged to warble a chorus of O Canada.

THE CANADIAN PRESS

News in brief

MP PENSIONS Almost all the remaining MPs from the old Reform Party — including Prime Minister Stephen Harper — stand to collect over \$100,000 a year in pension benefits once they retire.

COURTS The trial of a man charged with shooting an RCMP officer who was on solo duty in a remote Arctic community is scheduled to begin today. No matter how the first-degree murder case against Pingoatuk (Ping) Kola turns out, the death of Const. Douglas Scott has already helped change policing in the North, says Chief Supt. Steve McVarnock, head of the RCMP in Nunavut.

THE CANADIAN PRESS

HOME PHONE LINES

ENHANCED	UNLIMITED CANADA	ONE-RATE	GLOBAL
\$14.95 /MONTH UNLIMITED LOCAL CALLING	\$19.95 /MONTH UNLIMITED CALLING TO CANADA	\$29.95 /MONTH UNLIMITED CALLING TO CANADA & U.S.A.	\$39.95 /MONTH UNLIMITED CALLING TO 25 COUNTRIES WORLDWIDE!

ALL FEATURES FREE!

- ✓ VoiceMail
- ✓ Caller ID
- ✓ Call Waiting
- ✓ Call Forwarding
- ...and much more!

CALL TODAY AND GET

6 MONTHS FREE!

• SATISFACTION GUARANTEED! • KEEP YOUR EXISTING PHONE NUMBER!

"I Saved Over \$500 Last Year with Comwave!"

Jennifer, Kamloops



Ask us about our **Video Home Phone**



comwave®

1-866-543-5122

While Comwave offers the lowest rates in the industry, it reserves the right to change any rate or service at any time. HOME PHONE LINES: \$11.95 has no other line charges or taxes. \$11.95 is a one-time fee. The rest are based on a 10-minute call. Satisfaction guarantee: within 30 days of purchase, you may return your Video Home Phone for a full refund. Video Home Phone plan is limited to 100 minutes per month. Service is available only in the U.S. and Canada. Local and long distance calls are not included in the plan. Video Home Phone is not available in all areas. Please call 1-866-543-5122 for more information. *Not a 100% guarantee. Service is based on competition. Lowest rates are not available in all areas. Service is not available in all areas. See www.comwave.ca for details.

VANCOUVER

Publisher, Maryse Lalonde
Managing Editor, Fernando Carneiro

Distribution Mgr, George Acimovic

METRO CANADA

Group Publisher, Bill McDonald
Editor-in-Chief, Charlotte Empey

Assoc Managing Editor, Tarin Elbert
Enter/Lifestyle Editor, Dean Lisk
Asst Managing Editor, Amber Shortt

Art Director, Laila Hakim
National Sales Director, Peter Bartrem
Interactive/Mktg Director, Jodi Brown

Comment & Views

EDITOR: MIKE.DEREZYCKY@METRONews.CA

METRO CANADA: TORONTO | OTTAWA | MONTREAL | HALIFAX | EDMONTON | CALGARY | VANCOUVER

Comment

Arnie's visit could pay off for B.C.

InTransit

Derek Moscato

dmoscato@yahoo.com

A mold Schwarznegger's whirlwind Olympic trip to Vancouver will be remembered almost exclusively for his controversial and colourful torch run in the morning lead-up to the

opening ceremonies. But the governor of California was visiting British Columbia for more than just goodwill and good times.

Lost amidst the Olympic storylines, the Governor was also pushing for enhanced economic and environmental linkages up and down the West Coast, along with B.C. Premier Gordon Campbell, Washington Gov. Christine Gregoire, and Oregon Secretary of State Kate Brown. The leaders are intent on turning the transportation corridor between Vancouver and

San Diego into a model of environment innovation — promoting everything from renewable fuels to green energy to the construction of a high-speed rail line between B.C. and California.

This kind of economic Olympic legacy makes perfect sense, so it's particularly important these issues are seized upon immediately after the Games. The reality is that once the world leaves Vancouver next Sunday, this region must continue to build ties with our neighbours to the south for the sake of trade, tourism

and smart regional growth.

But the ongoing saga of the Amtrak passenger train service linking B.C. to Seattle and Portland underscores the frailty of these matters. After the Olympics, the Canadian Border Services Agency is still not committed to servicing a much-needed second train, one that is estimated to generate upwards of \$13 million annually.

As for high-speed rail, it would deliver huge benefits to Vancouver, but our federal politicians have shown no interest in such a proj-

ect. Again, attempts to establish better linkages with the rest of the Pacific Northwest — let alone California — seem to be stymied by Ottawa.

Having Arnie on board may seem flashy or frivolous to some observers, but it gives this cross-border economic vision much needed recognition.

TransLink has really worked wonders during these Winter Games to move hundreds of thousands of commuters, revellers and Games' specta-

tors on a daily basis. Rider-ship numbers have been smashed during the especially festive weekends.

My quibble is that not enough Olympic event ticket holders realize they are entitled to free transport. Many spectators are lining up to pay for SkyTrain and SeaBus rides they are already entitled to — not only costing them extra money, but creating extra delays for already busy queues.

Derek Moscato is a writer with a focus on urban issues, transportation, architecture and economics; dmoscato@yahoo.com.

Views

A little insanity can lead to big things

HineSight

Anne Hines

metronews.ca/hinesight

For the last 10 days I've spent many hours lounging on the couch, chowing down on chips and pop, watching the sports coverage and I've started to wonder, "What is it that makes these Olympic athletes different than me?"

I cannot think of a single reason I should not have become a contender for a

medal in these Games. I can think of about a hundred. Starting with — I'm not prepared to go outside in winter or wear spandex pants in public.

The reason these athletes have achieved what the rest of us haven't is not because they have superior talent and ability to the rest of us. They do, of course, but that's not the reason. The main reason is they believe they can do it.

I have come to believe that what keeps most of us from realizing our dreams is a pesky thing called "sanity." Sanity is what stops most of us from deciding, "Gosh it might be fun to

strap on skis or throw ourselves onto a flimsy metal frame and go hurtling down icy vertical drops at 200,000 km/h." Because of this, most of us see sanity as a good thing.

I'm not suggesting for a moment that high-performance athletes aren't sane. With the exception of most snowboarders, of course. But I wonder if, for many of us, "sanity" is just another word for "believing we can't actually get what we want." Our brains, which really should limit themselves to finding cures for cancer and remembering where the channel changer got put, see a new idea and say, "Oh

dear. This might not work out. I will not do this." And so our response is not to try.

Maybe what makes an Olympic athlete different from the rest of us is that they listen to the desire of their heart before the warning in their head. So knowing this, am I likely to be gunning for a medal any time soon? Probably not. But when I do take on the dreams and challenges that life presents, hopefully I'll be just like our amazing athletes. Entirely courageous and a little bit insane.

Anne Hines is an author and humour writer. She has written three novels and one collection of nonfiction humour.



Tell us your views by email to vancouverletters@metronews.ca or comment on metronews.ca or on Twitter @vancouvermetro

Letters must include sender's full name, address and phone number — street name and phone numbers will NOT be published. We reserve the right to edit letters.

METRO Vancouver 1190 Homer Street, Suite 250, Vancouver, BC V6B 2X6, Tel: 604-602-1002; Fax: 1-866-254-6504; Advertising: 604-602-1002 • adinfo@vancouver.metronews.ca; vancouver_distribution@metronews.ca; News: fernando.carneiro@metronews.ca

Baby born on plane to be baptized on board as well

A baby girl born on a military-run airliner in Bolivia will be baptized on the plane as well — with the chief of the air force presiding as godfather. Tami Fabiola, named after the airline TAM, was born on Feb. 14 on a Transportes Aereos Militares plane. **THE ASSOCIATED PRESS**

World/Business

Outgunned Taliban still fighting

AFGHANISTAN Outnumbered and outgunned, Taliban fighters are mounting a tougher fight than expected in the town of Marjah, Afghan officials said yesterday, as U.S.-led forces converged on a pocket of militants in a western section of the town.

With fighter jets, drones and attack helicopters roaring overhead, Marine and Afghan companies advanced on a 5.2-square-kilometre area where more than 40 insurgents were believed holed up.

"They are squeezed," said Lt.-Col. Brian Christmas, commander of 3rd Battalion, 6th Marine Regiment. "It looks like they want to stay and fight but they can always drop their weapons



British Embassy lends a hand to Israelis who found themselves linked to reported Dubai "hit squad." Scan this code for the story.

and slip away. That's the nature of this war."

Instead, the insurgents rigged Marjah with bombs and booby traps to slow the allied attack, which began Feb. 13. Teams of Taliban gunmen stayed in the town, delivering sometimes intense volleys of gunfire on Marine and Afghan units slogging through the rutted streets and poppy fields.

THE ASSOCIATED PRESS

News in brief

FLORIDA Three teenage girls were joking around and taking pictures on a narrow bridge in a Florida town when they were hit by a train, killing them as a friend watched helplessly, police and a witness said yesterday. The girls and the fourth teenager, a boy, had been hanging out in Melbourne's downtown area when they decided to cross the trestle bridge around 6:30 p.m. Saturday. The boy yelled for the girls to run when he saw the train approach, then told them to jump. Crane Creek, about six

metres below the bridge, is slow-moving and about three metres deep. The girls did not have enough time.

AUTO Toyota officials claimed they saved \$100 million US by successfully negotiating with the American government on a limited recall of floor mats in some Toyota and Lexus vehicles, according to new documents shared with congressional investigators. The documents could set off alarms over whether Toyota put profits ahead of customer safety. **THE ASSOCIATED PRESS**

Dozens killed in mudslides

Death toll could rise as many more missing, authorities say

Rescue workers in Madeira dug through heaps of mud, boulders and debris yesterday, searching for victims buried by floods and mudslides that have killed at least 42 people on the popular Portuguese island.

Residents looking for missing loved ones were directed by local authorities to the resort's international airport, where a makeshift morgue has been set up.

Social services spokesman Francisco Jardim Ramos said not all the bodies had been identified. The centre is equipped with psychiatric, psychological and social counselling services, he said.

More than 120 other people were injured and an unknown number were missing, possibly swept away or smothered, authorities said, adding the death toll could still rise.



Cars and mud block a street in Madeira, Portugal, yesterday.

When I RETIRE I'm TAKING UP

It's worth a talk.

ONLY 7 DAYS LEFT

Speak to a CIBC Advisor about making an RRSP contribution by March 1st.



For what matters.

"It's worth a talk." and "CIBC For what matters." are trademarks of CIBC.

Of 248 people who were forced to flee their homes for temporary shelters, 85 have been allowed to return home, Ramos said.

Late yesterday, a spokeswoman for the British Foreign office confirmed that a British national had died, but declined to give further details.

The Foreign Office also said a small number of Britons had been hospitalized on Madeira.

The island is popular with British tourists, who for centuries have regarded wines made in Madeira as a luxury product.

The worst storm to hit Madeira since 1993 lashed the south of the Atlantic Ocean island, including the

capital, Funchal, Saturday, turning some streets into torrents of mud, water and rolling debris.

The flash floods were so powerful they carved paths down mountains and ripped through the city, churning under some bridges and tearing others down.

The island's most famous son, Real Madrid football star Cristiano Ronaldo, was horrified by the floods.

"Nobody can remain indifferent to the disaster," he told journalists in Madrid. "I want to express my willingness to, as far as I can, help agencies and authorities to overcome the effects of this devastation."

THE ASSOCIATED PRESS

Business

A sweet deal for Quebec company

CHOCOLATE Under new owners, the Laura Secord chain says it will introduce products such as anti-oxidant-rich chocolates with cranberries and blueberries and nut-free 100-gram bars in a bid to boost the business.

The 128-store retailer formally announced on Friday it has agreed to be bought by Nutriart Inc., a Quebec-based chocolate manufacturer. The iconic Canadian retailer, named for a heroine of the War of 1812, said being owned by a candy manufacturer will help it cut costs and boost sales.

THE CANADIAN PRESS



Nutriart's Jean Leclerc holds an old box of Laura Secord chocolates. The company will now be back in Canadian hands.

Retail growth slow last year

ECONOMY In the end, recession-weary Canadians came out and shopped.

Retail sales finished the year up 6.7 per cent over last year, including a 0.4 per cent gain in the month of December, Statistics Canada said Friday.

"It was one of those okay, not great, years. But if we had been talking about it at the beginning of the year, we would have thought it was going to be a lot worse," said Maureen Atkinson, a senior partner with J.C. Williams Group, a retail consulting firm in Toronto. **THE CANADIAN PRESS**

National task force to hit road to talk about financial literacy

Canada's Task Force on Financial Literacy is launching a series of cross-country conversations with Canadians about savings, debt, and their overall financial know-how as it drafts a national strategy to create more financially educated citizens.

The task force will release its Leveraging Excellence consultation document today as a starting point to discuss issues including managing debt, saving and investing, retirement planning and preventing fraud.

Finance Minister Jim

"People just don't know the basics."

Laurie Campbell, Credit Canada

Flaherty set up the group in June, citing his belief that improving Canadians' knowledge of financial matters would contribute to a more stable economy.

Socio-economic change has meant Canadians will become increasingly responsible for their financial futures, while the financial marketplace is becoming more complex,

Stewart wrote.

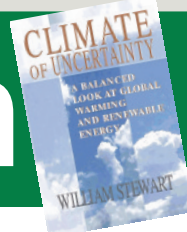
Laurie Campbell, executive director at Credit Canada and a member of the task force, said she hopes the consultation process will resonate with Canadians and the strategy developed will encourage everyone to become more engaged in their finances.

She said she works with people on a daily basis who don't understand interest rates, or their credit card statements, and who lack money management skills. "People just don't know the basics."

THE CANADIAN PRESS

Going Green

EDITOR: BEN.RYCROFT@METRONEWS.CA



Uncertain climate

Insightful and refreshingly level-headed, *Climate of Uncertainty* tackles all of the major climate change issues facing our world today. William Stewart examines the issues with objectivity rarely seen in an arena so fraught with extremism. METRO NEWS SERVICES

Sodastream's relevance bubbling over

Soda-making machine capturing fizzy drink lover's attention for its eco-conscious approach

ELISABETH BRAW
Metro World News

When Sodastream was founded a century ago, it was a luxury device for the upper class.

Today the DIY soda company rides high again, thanks to fizzy-drink lovers' eco-consciousness.

"It's great when a company has a reason to exist," says Sodastream CEO Daniel Birnbaum. "Every time we sell a machine, we think 'we just saved the world from a thousand bottles.'"

That's not what Sodastream focused on in 1903, when it presented its first soda-making machine.

"For the first decades, our machines were pretty much just used by the aristocracy," concedes Birnbaum.

"In the '50s they became a household item. But three years ago, we realized that we're an extremely green company."

Sodastream's realization came at the right time.

Today Sodastream sells its soda-machines and 180 different-flavored syrups in 32 countries, including the

United States, Mexico and most of the EU.

It remains the market leader in DIY soda machines, and for the past three years, sales have increased steadily.

"People are realizing that they can make their own Coke in 10 seconds and help the environment,



too," says Birnbaum. "But we can't compete with Coca-Cola." It can't compete with Coca-Cola's price, either: the machine retails for \$60 and up.

The syrups and the fizz-adding gas cylinders add to the cost.

While regular consump-



Sodastream CEO Daniel Birnbaum is touting his system as a eco-friendly replacement for traditional fizzy drinks.

**When I
RETIRE I'm
PLANNING
to _____.
It's worth a talk.**

ONLY 7 DAYS LEFT

Speak to a CIBC Advisor
about making an RRSP
contribution by March 1st.



For what matters.

"It's worth a talk." and "CIBC For what matters." are trademarks of CIBC.

tion quickly makes the it pay for itself, Birnbaum concedes that the up-front cost turns people off.

"The environment alone isn't enough to make Sodastream a mass-market product," he says.

"We have to reduce the price of the machine."

Meanwhile, the Israel-based company is adding cylinder-filling stations in different markets — it's about to open two in Holland and Sweden — to reduce its cylinders' flight miles.

"There's a revolution happening," exclaims Birnbaum.

"100 years ago soda-machines were about convenience. Now they're about the environment."

Powering soda

• Last year, Sodastream sold 400 million liters of beverages around the world.

• That equals 1,125,000,000 cans (or bottles) of fizzy drinks taken from the market

• 1,125,000,000 cans of fizzy drinks equates to 17,000 tons of aluminum, which could have built roughly 720 airplane jets.

• The oil used to manufacture those cans would have equaled 355,000 barrels, which could have run 29,000 cars for one year.

• Coca-Cola sells an estimated 67,873,309 cans of its Classic Coca-Cola brand every day.

No reason to cool on climate change science

Eco-Minded

Kai Chan
with
Stephen
Ban



metronews.ca/ecominded

In the wake of the Copenhagen climate talks, numerous claims by climate skeptics continue to circulate on the Internet and in the media, yet no single claim

undermines the overwhelming case for human-caused climate change.

The year 1998 indeed remains the hottest — but only in terms of air temperature, and even then, only in some datasets.

According to NASA's Goddard Institute for Space Sciences (GISS), 2005 was actually the hottest year since records began in 1880, with 2007 and 1998 tied for second-hottest.

Unlike many other datasets, the NASA data include the Arctic.

Weather varies — even across years — so more im-

Decade facts

- The decade that ended in 2009 was the hottest since records began in the 1850s.
- Although 1998 may be the hottest single year on record, the temperature trend remains positive. The earth is not cooling.
- Most of the earth's heat is

stored in the oceans, and the ocean heat content has been steadily rising since at least 1970.

• In North America average temperatures and precipitation — both rain and snowfall — were also above average in 2009. METRO NEWS SERVICES

portant than any single year is the trend over time. Even if you cherry-pick the starting year of 1998 and end with a relatively cool year (2008), the temperature trend is still positive

(0.11 C per decade) according to the GISS data.

Furthermore, most people only think about the Earth's temperature in terms of air temperature, forgetting that most of the

planet's heat (80 per cent) is stored in the oceans. El Niño events, as the one that occurred in 1998, transfer heat from the eastern Pacific Ocean to the atmosphere.

The oceans have increased dramatically in heat content since at least 1970.

Next time someone claims that the Earth has been cooling since 1998, ask them what they mean by "Earth" and "cooling."

Kai Chan is an assistant professor and Canada Research Chair at the Institute for Resources, Environment, and Sustainability (IRES) at UBC; vancouverletters@metronews.ca.

Green in brief

GAS USAGE No matter what sort of vehicle you drive, you can cut your fuel costs, and your emissions, by learning to relax during your time behind the wheel. If you cruise up to the traffic lights when they are red and pull away gently when they go green, instead of using lots of brake followed by lots of gas, you'll still get where you are going, but you'll save lots of fuel. Try taking your foot off the gas and coasting towards a red light. Less revving in low gears helps too, and sticking to speed limits. Driving gently can cut your fuel costs by 25 per cent, and you'll arrive at your destination far more relaxed than if you hurried. METRO NEWS SERVICES

Mauer reports to camp

American League MVP Joe Mauer has reported to spring training for the Minnesota Twins without a contract extension in place. **THE ASSOCIATED PRESS**

Sports

EDITOR: DON.MCHOULL@METRONEWS.CA



Infection sidelines Federer

Roger Federer, left, withdrew from the Dubai Championships because of a lung infection yesterday. Organizers said the top-ranked Swiss star picked up the infection last week and will miss the \$2-million US event, which starts today, for the second straight year. A four-time winner in Dubai, Federer will rest for two weeks and is expected to return at Indian Wells beginning March 11. **THE ASSOCIATED PRESS**

PGA boss takes blame

Golfers poorly informed about Woods event: Finchem

PGA Tour commissioner Tim Finchem took the blame yesterday for not alerting his players about why Tiger Woods chose to make his first public appearance during the Match Play Championship.

Players had to field several questions about Woods upon finishing their matches in the opening round Wednesday, when it was announced that Woods was to speak publicly Friday for the first time since the Nov. 27 car accident that revealed rampant affairs.

Most troubling to some players — Ernie Els in particular — was the perception that Woods was getting back at Accenture, the title sponsor at Match Play and the first company to



"We just screwed up on that. That's just a screw-up on my part."

Tim Finchem, PGA commissioner

drop Woods over the sex scandal.

Finchem, who allowed Woods to use the TPC Sawgrass clubhouse at PGA Tour headquarters for the nationally televised event, knew that Woods was on a break from therapy and was to return on Saturday.

"In hindsight, we should have pushed the thing along in a way to get the players briefed before they went into their Wednesday matches, some so they're not coming out of a match and getting hit with all these Tiger questions,"

Finchem said. "We just screwed up on that. That's just a screw-up on my part. You can never communicate too much in this business, and when you don't, you usually pay a price. And that was a good example."

Els was among the most outspoken when he learned of Woods' plans to speak.

"It's selfish," he told Golfweek magazine. "You can write that. I feel sorry for the sponsor. Mondays are a good day to make statements, not Friday."

This takes a lot away from the golf tournament."

Finchem said he since has spoken to Els, who lost in the second round of the tournament.

"Once he understood the options available to us, and what we were looking at it ... I did say to him, 'The mistake here, given all the elements, was not getting you guys briefed.' I take responsibility for that. That's my job," Finchem said.

Finchem repeated yesterday that Woods has not been suspended; there have been questions whether Woods' infidelity and ensuing fallout would be considered conduct unbecoming a professional. Finchem said Woods was free to return whenever he wanted. **THE ASSOCIATED PRESS**

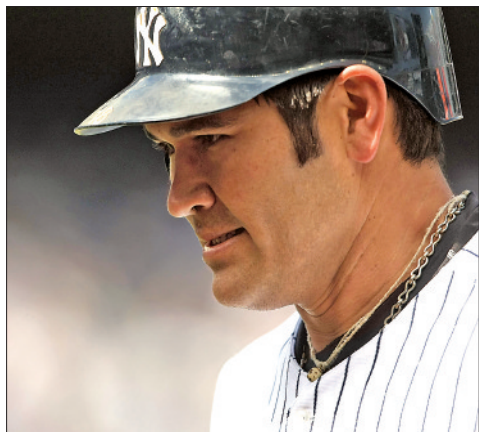
Damon close to finalizing deal with Tigers: Sources

BASEBALL A person familiar with the negotiations says Johnny Damon has completed his physical with the Detroit Tigers, clearing the way for the team to finalize a one-year contract with the outfielder.

The person spoke yesterday to The Associated Press on condition of anonymity because the deal hadn't been announced.

Another person familiar with the situation said Saturday night that the Tigers and Damon agreed on an \$8-million US, one-year deal, subject to a physical.

The 36-year-old Damon would bring another left-handed bat to the Tigers' lineup besides switch-hitter Carlos Guillen. Guillen and Damon would likely alternate between left field and designated hitter, but



Johnny Damon, 36, is expected to lead off in Detroit's lineup.

manager Jim Leyland says Guillen would be his everyday hitter out of the No. 5 slot.

Leyland said he told Guillen last fall that he would be the full-time left fielder.

m.metronews.ca



The arrival of healthy Cards sluggers has put a spring in Tony La Russa's step at spring training. Scan this code for the story.

Guillen, who batted .242, with 11 homers and 41 RBI in 81 games last season, was told he would be in the lineup every day.

Tigers general manager Dave Dombrowski said Damon wasn't in the team's plans as late as January. But Damon came into the picture after the Tigers dealt leadoff hitter Curtis Granderson to the Yankees, then allowed Placido Polanco to walk away via free agency.

THE ASSOCIATED PRESS

Sports in brief

SOCCER Roman Pavlyuchenko scored two late goals as Tottenham moved into fourth place in the Premier League with a 3-0 victory at Wigan yesterday, while Manchester City and Liverpool laboured to a scoreless draw. Aston Villa scored four goals in 13 minutes to come from behind and beat Burnley 5-2, and is still in contention for the fourth spot and a chance at next season's Champions League.

GOLF Ian Poulter captured the biggest victory of his career yesterday by leading the final 28

holes to beat Paul Casey, 4 and 2, in an all-England final at the Match Play Championship. Along with winning his first World Golf Championship, the 34-year-old Poulter won for the first time on American soil.

MLS The union for Major League Soccer players accused management of failing to bargain seriously and wouldn't say whether it will play under the terms of its expired labour contract. The league's first collective bargaining agreement expired Jan. 31.

THE ASSOCIATED PRESS

SCOREBOARD

NBA
YESTERDAY'S RESULTS
Denver 114 Boston 105

Detroit 109 San Antonio 101 (OT)
Golden State 108 Atlanta 104
Memphis 104 New Jersey 94
New Orleans 102 Houston 94

Oklahoma City 109 Minnesota 107
Orlando 101 Cleveland 95
Phoenix 104 Sacramento 88
Utah at Portland

Happy Lunar New Year!

Vancouver
1st Avenue Market
3189 Main St
519 W. Broadway

Richmond
Yaohan Centre
Lansdowne Centre
(near Best Buy)
Aberdeen Centre

New West
Royal City Centre

Burnaby
Crystal Mall

Surrey
Surrey Central
Shopping Centre

Get a FREE lucky red envelope with a 2010 pocket calendar just by visiting!

*Available for limited time only, while quantities last, no purchase necessary

Join us at the
PLAZA OF NATIONS
Feb 12th to 28th
for the Edgewater
Celebration Village!

Talk & Text
from
\$15
per month

>No System Access Fees
>Per-second billing

*A one-time activation fee of \$35 per line applies. Local airtime over the allotted monthly minutes in the monthly plan, long-distance and roaming charges and any additional options selected and applicable taxes are extra and are also billed monthly. Offers and pricing subject to change without prior notice. © 2010 Fido Solutions Inc. Fido is a design and FidoCircles are trademarks of Fido Solutions Inc. ©2010 Fido Solutions Inc.

"SCREW YOU GUYS... I'M GOING TO WHISTLER!"

ROUND TRIP FROM JUST \$36

BOOK ONLINE NOW AT SNOWBUS.COM

Bains Travel
Your Travel Experts

Taxes & Airline Surcharges Extra • Book before March 4, 2010. BC Reg#3376

CALL FOR THE LOWEST FARES TO INTERNATIONAL DESTINATIONS
Vancouver 604-324-2277 • Surrey/Delta 604-584-1411
www.bainstravel.com

Paris	from \$499
Zurich	from \$549
Madrid	from \$569
Frankfurt	from \$509
Berlin	from \$509
Rome	from \$534
Warsaw	from \$569
Tel Aviv	from \$759

BLENZ COFFEE

MATCHA LATTE®
A Tea Journey

Come taste the tea and experience the journey.

Served sweetened or unsweetened.

WWW.BLENZ.COM

Vancouver Games

EDITOR: DON.MCHOULL@METRONEWS.CA

Martin clinches first place in round robin

CURLING Canada's Kevin Martin has clinched first place in the men's curling round robin with his seventh win in a row at the 2010 Winter Olympics.

Martin remains the only undefeated skip in the tournament.

He controlled his game against Markus Eggler of Switzerland from the start, scoring two points in the first and seventh ends en route to a 6-4 victory.

Norway's Thomas Ulsrud lost 8-7 in an extra end to Sweden, giving Martin first place in the round robin and a berth in the semifinal.

Bernard

- Canadian curler Cheryl Bernard has won her fifth straight game. Bernard made an open draw for four in the third end against American Debbie McCormick and never looked back on her way to a 9-2 win yesterday.

Norway's record fell to 5-2. Switzerland, Sweden and Britain follow with 4-3 records.

David Murdoch, the defending world champion from Britain, dumped the United States 4-2.

THE CANADIAN PRESS



Sidney Crosby absorbs a hit from Brooks Orpik of the USA yesterday at Canada Hockey Place.

Canada stunned

Loss to U.S. makes road to gold tougher

KRISTEN THOMPSON
kristen.thompson@metronews.ca

We had patriotism on our side, but in the end patriotism wasn't enough as the United States beat Canada 5-3 last night after three nail-biting periods at Canada Hockey Place.

Now what seemed like sure-fire thing — a guaranteed spot in the quarterfinals, is up in the air and Canada will have to beat Germany then Russia in the quarterfinals on its quest for gold.

It was part hockey game, part rock concert at the start of the first period as people danced in the aisles to Tragically Hip songs while red and white beach balls bounced through the sea of red.

But the Americans got an early advantage when Brian Rafalski scored while the crowd was still

U.S. still sees itself as underdog

- The Americans have embraced the underdog role here and are hoping to summon the spirit of the 1960 and 1980 teams that delivered unlikely golds in this tournament. However, coach Ron Wilson doesn't think a victory over

Canada signals that they're the country to beat.

"In fairness, Canada probably outchanced us 2-1 most of the game and the goalie played excellent," said Wilson. "I still think we've got a long way to go."

THE CANADIAN PRESS

chanting "Go Canada, Go!" from the puck drop.

Canada's first goal, scored by Eric Staal at the nine-minute mark was answered seconds later with another goal by Rafalski, and from there Canada struggled to keep up despite out-shooting the United States 45 to 23.

American goaltender Ryan Miller seemed unbeatable while Canada's Martin Brodeur let in a handful of questionable goals.

Sidney Crosby gave Canadians momentary hope when he scored with

three minutes left in the game bringing the score to 4-3, but an empty net goal by the Canucks' Ryan Kesler sealed Canada's fate.

"Obviously I'm disappointed," Canada's head coach, Mike Babcock said, adding the Americans capitalized on his team's lapses in goaltending and defense.

"In the end when we made mistakes, (the mistakes) ended up in our net," he said.

"We've just chosen a longer route to where we want to go."

If it
**LOOKS
BAD,**
sounds worse,
but tastes delicious,
chances are it's
poutine.

Need Help Understanding Canadians?

Come visit Canada Place's Welcome Centre to pick up your free copy of "A Guide to Becoming an Authentic Canadian." It takes a fun look at some of the cultural differences you may experience while in Canada.



Your **Ultimate** partner
in technology

Custom Installations & Sales

Home Theatre • Lighting
Security Cameras & Alarms
Full range of Electronic Equip.

ultimateinstalls.ca • 604.940.2876
Credit Cards and Debit accepted.

U.C.I.
INSTALLATIONS

**2010 Ultimate
Ice Lounge**

FINALLY in Vancouver, Canada

First in Canada! For a limited time only!

Monk McQueens
601 Stamps Landing, Vancouver
604-877-1351 OR
monks@monkmcqueens.com

MONK MCQUEENS
Fresh Seafood & Oyster Bar

What to watch today

TV Highlights

9 a.m.: Men's curling

Canada vs. U.S. (CTV).

10 a.m.: Ski jumping

Team gold medal (TSN).

Noon: Women's hockey

Semifinals — U.S. vs.

Sweden (TSN).

1 p.m.: Cross country

skiing

Men's and women's

team sprint free final

(CTV, OLN).

2 p.m.: Women's curling

Sweden vs. Canada

(Sportsnet).

2:30 p.m.: Women's curling

Britain vs. Denmark

(TSN).

5 p.m.: Women's hockey

Semifinals — Canada vs.

Finland (CTV);

5 p.m.: Figure skating

Free ice dance gold

medal (Sportsnet).

7:45 p.m.: Men's curling

Germany vs. Britain

(TSN).

TIMES MAY CHANGE

VANCOUVER GAMES

Medal Count

NATION	G	S	B	TOTAL
U.S.	7	7	10	24
Germany	6	7	5	18
Norway	5	3	4	12
Canada	4	4	1	9
South Korea	4	4	1	9
Austria	2	3	3	8
Russia	2	3	3	8
France	2	2	4	8
Switzerland	5	0	2	7
Sweden	3	1	2	6
China	3	1	1	5
Netherlands	3	1	1	5
Poland	0	3	1	4
Italy	0	1	3	4
Slovakia	1	1	1	3
Czech Republic	1	0	2	3
Japan	0	1	2	3
Australia	1	1	0	2
Latvia	0	2	0	2
Belarus	0	1	1	2
Croatia	0	1	1	2
Slovenia	0	1	1	2
Britain	1	0	0	1
Estonia	0	1	0	1
Finland	0	1	0	1

South Korea's Yu-na to skate 23rd in short program

Olympic favourite Kim Yu-na of South Korea will skate 23rd out of 30 competitors in tomorrow's women's figure skating short program at the Vancouver Games. The reigning world champion will go one spot after her main rival, Japan's Mao Asada, the 2008 world gold medalist. **THE ASSOCIATED PRESS**

**Vancouver Games**

Groves now a multi-medallist

Long-track speedskater Kristina Groves has her second medal of the Vancouver Olympics, winning silver in the women's 1,500 metres yesterday.

The 33-year-old from Ottawa finished in one minute 57.14 seconds. She was on track for gold until she ran out of steam on the final lap. Dutchwoman Ireen Wust won gold in 1:56.89.

"That was a little disappointing for sure," she said. "I just had maybe too much excitement. But Ireen skated amazing. I'm really happy for her. She's a great competitor."

Czech Martina Sablikova took the bronze in 1:57.96.

Groves also won a bronze in the 3,000 metres earlier in the Games. She's Canada's first multi-medallist in Vancouver. When she received her medal on the podium at the Richmond Oval, Groves' eyes filled with tears.

"I'm glad I got a silver, but I'm a little disappointed with how I skated," she said.

"It wasn't my best race



Kristina Groves of Canada, right, celebrates winning silver, Ireen Wust of Netherlands gold, centre, and Martina Sablikova of Czech Republic bronze during the medal ceremony for the women's 1500-metre speedskating at Richmond Olympic Oval yesterday in Vancouver.

and irrespective of the results that's where I draw my satisfaction from at any race or any competition, is how I skated."

Groves said she felt better in the 3,000.

"I skated better technically and physiologically I was definitely a lot better

in that race," she said.

Canadian teammate Christine Nesbitt seemed headed to the podium before fading down the stretch. She finished sixth in 1:58.33.

The London, Ont., native won the gold in the 1,000 on Thursday.

"I didn't think it was a bad race, I thought it was a pretty good race actually," she said of the 1,500.

"I think I skated way better than I did in my 1,000 technically. I just think the 1,000 took a lot more out of me than I realized."

THE CANADIAN PRESS

Virtue and Moir on pace for gold after rousing ice dance

FIRST PLACE Tessa Virtue and Scott Moir kept Canada's first Olympic gold medal in ice dancing firmly within their grasp yesterday, moving into first place overall with an inspired performance in the original dance.

"We're going to go out there (today), create another moment, and just enjoy it." Scott Moir

Virtue, from London, Ont., and Moir, from Ilderton, Ont., second after Friday's compulsory dance, scored 68.41 for their Spanish flamenco set to guitar song Farrucas. Virtue wore a dazzling dress with black-sequined bodice and flowing satin skirt, while Moir had on the typical Flamenco dancer's outfit of ruffled white shirt, vest and pants.

They eschewed props such as castanets and fans, punctuating the fiery performance with claps and even some skate stomps. Their enthusiasm was matched by the electric crowd at the Pacific Coliseum.

"You're in this rink ... that moment, we'll never forget for the rest of our life. I don't think a piece of metal around

my neck is going to make it any better," Moir said. "We're going to go out there (today), create another moment, and just enjoy it." Their leading combined score now sits at 111.15, and they move on to the third performance — the free dance — today.

THE CANADIAN PRESS

Canada blanked at ski cross event

JEFF HODSON
jeff.hodson@metronews.ca



SKI CROSS The past couple of days have been as up and down as the jumps and rolls of the ski cross course at Cypress that Canadian Davey Barr cruised down yesterday on way to a sixth place finish in the sport's Olympic debut.

"It's been a little busy," said Barr, who was named to Canada's ski cross team around 1 p.m. Saturday, after his teammate Brady Leman re-injured his leg while training at Cypress.

Leman himself had only been added to the team on Friday after another teammate, David Duncan, broke his collarbone during the training.

Barr's progress

• Davey Barr was 25th in qualifying and slugged through the round of 16 and the quarter-finals. He

finished third in his semifinal heat and was second in the small final, good for sixth overall.

"I was actually testing some skis for the rest of the team and watching across the valley at them training, just dying to get on the course," said Leman.

Canada, which swept the ski-cross podium at the 2010 X Games, was blanked at Cypress. Swiss skier Michael Schmid captured the gold, while Austrian Andreas Matt took silver and Norway's Audun Groenvold the bronze.

Canadian Christopher Delbosco, who was one of the favourites, came

fourth after a spectacular crash in the final.

He looked good for bronze, but lost control as he launched off a jump and landed hard on his back about 50 metres from the finish.

Barr, 32, of Brackendale, was an alternate to the team and had expected that he would be one of the forerunners, the skiers who shoot down the course prior to competition to make sure the kinks are ironed out and that the timing and cameras are working properly.

Vancouver Games in brief

MEDALS Canada can still Own the Podium. That's the message Canadian team officials sent yesterday in their assessment of the host team's performance over the first half of the Vancouver Olympics, although with perhaps less bravado than a week earlier. The Canadian Olympic Committee and Own The Podium officials continued in their belief that the Canadian team will hit the motherlode in the second half of these Games. "The U.S. is making it very tough to achieve the goal we set out for ourselves, but that's still our goal to be first in medal count," Canadian Olympic Committee president Michael Chambers said at yesterday's briefing. "This may have been the U.S. week. The week coming up will be Canada's week. You'll see that."

THE CANADIAN PRESS

ZED?

Need Help Understanding Canadians?

Come visit Canada Place's Welcome Centre to pick up your free copy of "A Guide to Becoming an Authentic Canadian." It takes a fun look at some of the cultural differences you may experience while in Canada.



Fly to Asia for Less

Beijing / Shanghai	from \$620	Taipei	from \$940
Hong Kong	from \$660	Denpasar	from \$930
Bangkok	from \$730	Singapore	from \$730

Call for More Specials to Asia

Bring this ad to receive \$10 off your airfares to Asia

• Taxes & Surcharges Extra • Prices in CAD\$ are subject to change without prior notice



Richmond: 604-231-7331

Burnaby: 604-438-6578

Toll Free: 1-877-723-2566

BCPCA #25259

LIMIT ONE FLIGHT CARD MUST HAVE ORIGINAL COUPON. CONDITIONS MAY APPLY AT TIME OF PURCHASE.

Grow your Lashes

LashActivator™ (CARGO Cosmetics)

Grow your lashes in 30 days for \$35. The Canadian Brand.



YALETOWN
1120 Hamilton Street, #103
604-642-2294
www.beautymark.ca



www.beautymark.ca

Vancouver Games



Weekend warriors

A look at the weekend's action as we enter the second half of the Games

Clockwise from right: Michael Schmid of Switzerland clears a jump during men's ski cross qualifying at Cypress Mountain yesterday; A curling fan watches from the stands; Olympic champion Schmid, right, celebrates with bronze medallist Audun Groenvold of Norway after the men's ski cross; Korean figure skater Kwak Min-Jung works on her routine yesterday; Athletes start the women's 12.5 kilometre biathlon event in Whistler yesterday; Korea's Si-Bak Sung, right, interferes with Canada's Charles Hamelin, centre, and the USA's Apolo Anton Ohno at the finish line of the men's 1,000-metre short-track speedskating semifinal Saturday.



SEAN KILPATRICK/THE CANADIAN PRESS



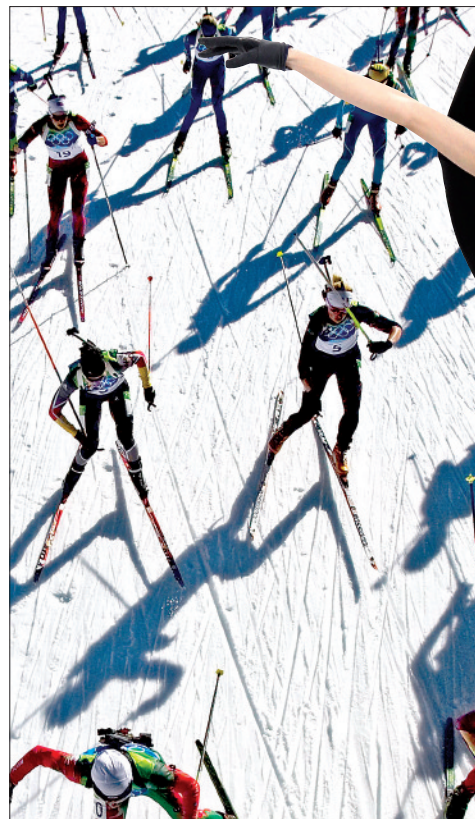
NATHAN PHILLIPS/THE CANADIAN PRESS



ROBERT SKINNER/THE CANADIAN PRESS



MARK KILPATRICK/THE ASSOCIATED PRESS



ANDREW KILPATRICK/THE CANADIAN PRESS

Move time and space...

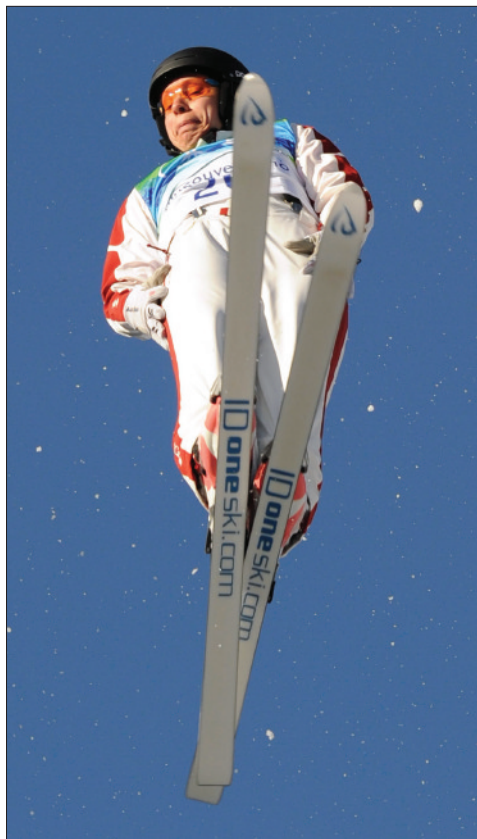
SHAW
PEOPLE POWERED



MARK BAKER/THE ASSOCIATED PRESS

Games doping-scandal-free so far

At the midway point of the Vancouver Games, there have been no positive tests for doping. Mark Adams, spokesman for the International Olympic Committee, said yesterday officials had tested 882 pre-competition samples and 629 post-competition samples of athletes' urine and blood. **THE CANADIAN PRESS**

**sports 13****Vancouver Games**

JACQUES MOSHNOZ/THE CANADIAN PRESS



JACQUES MOSHNOZ/THE CANADIAN PRESS

Clockwise from left: Egor Korotkov of Russia, Scott Kneller of Australia and Audun Groenvold of Norway compete in Men's Ski Cross at Cypress Mountain yesterday; Andrew Weibrecht of the United States grimaces after crashing at the finish line at the men's super combined slalom; Silvan Zurbriggen of Switzerland celebrates the Bronze Medal in Alpine Skiing Men's Super Combined in Whistler; A fan takes in men's curling between Canada and Switzerland; Britain's Eve Muirhead shouts to her sweepers in a loss to Switzerland in women's curling; Canada's Veronika Bauer soars during her jump Saturday in the women's olympic aerial competition. Bauer did not make it into the top 12 finalists.



KORRIE BLUM/THE ASSOCIATED PRESS



ALEXIS BOICHARD/GETTY IMAGES



NATHAN DUNN/THE CANADIAN PRESS

Well, time anyway.

Watch sports events, new-release movies and TV series your own way with Shaw Video On Demand with hundreds of options in HD. Plus, enjoy CTV's Vancouver 2010 Olympic Winter Games coverage for free. All sent directly to your TV.

Find out how at VOD.SHAW.CA

24/7/365 SERVICE

TSX 60 / NYSE

Content available 24 hours after the live event.

SHAW
PEOPLE POWERED

Vancouver Games

Welcome
Visitors!

IMMIGRATE TO CANADA!

Live in one of the best cities in the world.
Toll Free 1-888-689-7333 or Local 604-970-0629
www.2010.canam.ca

Mention "Metro" for free assessment

Canadian
Immigration
Services
CSIC MembersON YOUR MARK ...
GET SET ... BLOG!

METRO-BLENZ NEWS SQUAD

View the Metro-Blenz News Squad
calendar online to find out what Blenz
locations the Bloggers will be at each day.
www.metroblenznewsquad.commetro 
www.metronews.ca

Games to close as planned

Canadian politics have no
place on the Olympic
stage, says the producer of
the opening and closing
ceremonies.David Atkins has no
plans to change the final
Olympic show next Sunday
in response to critics who
said that the opening per-
formance should have in-
cluded more French."My job is to put on a
great show, and if it was
about political representa-
tion and cultural equity,
that's not what putting on
a show is about," he said.
Atkins was stung by criti-
cism after the lavish Feb.
12 opening event."I thought that the open-
ing ceremonies were bril-
liant but there should have
been more French, just pe-
riod, full stop," said Minis-
ter of Canadian Heritage
James Moore.Atkins said in his three
months travelling Canada
and meeting cultural
groups and practitioners,
everyone said putting a
segment in the show de-
voted to multiculturalism

The Olympic rings and flame are seen at BC Place during the opening ceremony of the Vancouver 2010 Winter Olympics.

would be passé.

"Rather than making it
some sort of multinational
presentation where every
culture has a moment to
be represented, it was de-signed to represent Canada
and Canada is a combina-
tion and a crossroads of
many cultures," he said.
"It's not one over another."
THE CANADIAN PRESSSAVE ON GEAR TO CHEER 

Stay connected and get event updates on-the-go

Offers in effect
Feb. 22-28, 2010SAVE \$50
279⁹⁹
COMPAQ
Presario
netbook PC
1GB RAM,
160GB HDD
110c-1100CA
Reg. 329.99, 2510855Plug this power
inverter into the
DC outlet of your
vehicle to power
your netbook
or laptop.Nextech
100W mobile
inverter
**HALF
PRICE
14⁹⁹**
Reg. 29.99, 2218170**649⁹⁹** acer
Aspire Special Edition laptop
3GB RAM, 250GB HDD, AS4810TZ-4982, 2510364iGo
Charge anywhere charger
**HALF PRICE
34⁹⁹**
Charge via wall outlet or built-in battery
Reg. 69.99, 2739136SAVE ~~40%~~
FROM
16⁹⁹
Carry your
laptop
in style!
Gnarlyfish
bags-12"-16"
Reg. 29.99,
2606107/6110Choose from 6
convenient locationsKingsgate Mall
115-370 Broadway E
VancouverOakridge Shopping Centre
650 41st Ave W Unit #169
VancouverSeymour Street
626 Seymour Street
VancouverPark Royal Shopping Centre
1027 Park Royal S., Unit #1027
West VancouverCapilano Mall
15-935 Marine Dr., Unit #37
North VancouverMetropolis At Metrotown
4700 Kingsway, Unit #1137
Burnaby **THE SOURCE**Offers in effect February 22-28, 2010 at these The Source locations: Kingsgate Mall Vancouver, Oakridge Shopping Ctr. Vancouver, Seymour Street Vancouver, Park Royal Shopping Ctr. West Vancouver, Capilano Mall North Vancouver and Metropolis At Metrotown Burnaby. Products available by order at all six stores, displayed at selected locations. Prices accurate at press time. May be subject to change. Some products may be available in limited quantity or in select stores only. If a continuing item is temporarily out of stock, we'll issue a Rain Check so you can purchase the item at the advertised price as soon as it's available. The Source does not accept liability for pictorial or typographical errors. Taxes not included. Batteries/tapes/adapters/accessories/CDs not included unless specified. TMTrade-mark of The Source (Bell) Electronics Inc. Note that an Advanced Environmental disposal surcharge applies in the provinces of AB, BC, NS, SK and ON. See store or www.trma.com for complete details.

Alpine Canada admits skiers didn't perform well under pressure

Alpine Canada plans no radical changes to the organization despite Canadian skiers failing to win a medal so far at the Winter Olympics. Gary Allan, Alpine Canada's president, admits the team did not perform well under pressure. **THE CANADIAN PRESS**

Vancouver Games

Miracle on Ice revisited

They are gathering again at a Winter Olympics, now aging cold warriors.

Thirty years ago, they played a game that has been called the greatest upset in Olympic history, a David-versus-Goliath tale, a political metaphor, a miracle.

That's how many remember the hockey game played at the Lake Placid Olympics on Feb. 22, 1980, when a group of mostly college kids defeated the mighty team from the Soviet Union, which had dominated the sport for most of the previous two decades.

'Quickly forgotten'

• The loss was little talked about in Russia in the years afterward. Current Russian goalie Evgeni Nabokov, who wears goalie Vladislav Treti-

ak's No. 20 to honour his boyhood hero, sighed when he was asked about the game, which he said "was quickly forgotten" at home.

But what went through the minds of those red-clad players, who watched in stunned disbelief as the Americans celebrated the "Miracle on Ice" at the other end of the rink?

The hawkish features of goalie Vladislav Tretiak turned soft and he smiled slightly as he was reminded of the painful anniver-

sary. But he brushed the memory aside as easily as one of the many thousands of shots he turned away in his Hall of Fame career.

"It's fine with me," Tretiak said in an interview with The Associated Press at the nondescript East Vancouver community rink where the Russian Olympic team is practis-

ing. "It's a big number, but of course it's 30 years ago."

The 57-year-old general manager of the Russian hockey team is one of several players from the Lake Placid game who is in Vancouver. Mike Eruzione, who scored the winning goal for the U.S., is here.

Mark Johnson, who scored twice, is coaching the U.S. women's hockey team. U.S. goalie Jim Craig, who turned aside so many Soviet shots, is in Vancouver. Former defenceman Slava Fetisov, now a Russian government sports official, will be here, too.

THE CANADIAN PRESS



Team USA gold medal winner Mike Eruzione, left, 1980 Russian goalie Vladimir Mishkin and USA goalie Jim Craig pose for a photo during the 100 Days to Vancouver Celebration last November in New York City.



Russia's Alexander Ovechkin, right, flattens the Czech Republic's Jaromir Jagr during the third period of yesterday's Olympic men's hockey preliminary-round game in Vancouver. Russia won 4-2 to secure first place in Group B.

Ovechkin, Russia run over Czechs

HOCKEY With one soul-shaking, bone-rattling, OMG hit, Alex Ovechkin swung momentum like few players can.

In a collision of superstars at centre ice, during a classic showdown between traditional rivals, Russia's Ovechkin laid out Jaromir Jagr of the Czech Republic with a hit felt throughout Canada Hockey Place in a 4-2 Russian win yesterday.

The win vaulted Russia to the Olympic hockey quarter-finals.

As Jagr skated through centre with the puck, Ovechkin lined him up with the left shoulder, flattening the forward to the ice to begin a Russian counterattack.

Fedor Tyutin relayed the turnover to Alex Semin as he entered the Czech zone;

Semin then sent a cross-ice pass to Evgeni Malkin, who led the Russians with a pair of goals, for the game-winning score 1:49 into the third period.

"It is just a moment. If I have a chance to hit somebody it does not matter who it is."

Alexander Ovechkin

hit on Jan Hejda in the first period, downplaying the check. "If I have a chance to hit somebody it does not matter who it is."

Ovechkin had two assists while Viktor Kozlov and Pavel Datsyuk had the other goals for the Russians, who improved to 2-0-0-1 atop Group B with seven points. Russia earned an automatic berth into the quarter-finals Wednesday.

The Czechs fell to 2-1-0-0 and are relegated to a qualifying game tomorrow.

THE CANADIAN PRESS

When I RETIRE I'm LEARNING to

It's worth a talk.

ONLY 7 DAYS LEFT

Speak to a CIBC Advisor about making an RRSP contribution by March 1st. **For what matters.**



"It's worth a talk." and "CIBC For what matters." are trademarks of CIBC.

Teammates and rivals offer support to Rochette

SKATING From teammates to rivals, the Olympic community expressed sadness and offered support yesterday for Canadian figure skater Joannie Rochette in the wake of her mother's sudden death at the Games.

"It's a tragedy, and I'm just sort of in shock by it," said Canadian Brian Orser, a former Olympic silver medalist who coaches reigning world champ Kim Yu-Na of South Korea.

"I can't imagine what Joannie must be going

though, but I know she'll find the strength and courage from her friends on the team, from her coach, and from her millions of fans."

Added Kim: "I just heard before I got to practice. I really felt sorry. I hope she gets through it well, and gets back soon."

"We are all shocked and saddened," former Olympic bronze medalist Jeff Buttle, a fellow Canadian and good friend of Rochette's, said in a statement. **THE CANADIAN PRESS**

Vancouver Games in brief

ICE DANCE World ice dance champions Oksana Domnina and Maxim Shabalin appear to have made slight alterations to their costumes for the Aboriginal-themed original dance that has caused such an uproar. The skin tone of the bodysuits is now flesh-coloured, not

brown, and some of the white markings appear to have been toned down ahead of the original dance at the Winter Olympics. But he's still dressed in a loincloth, and both of the Russians are covered in leaves and white ropes.

THE ASSOCIATED PRESS

Bode Miller captures elusive skiing gold

SUPER-COMBINED American Bode Miller finally fulfilled his expectations and won an Olympic gold medal yesterday, using a blistering slalom run to complete a super-combined victory.

After placing seventh in the downhill run, Miller skied the third-fastest slalom leg for a two-run combined time of two minutes 44.92 seconds.

"I skied with 100 per cent heart. I didn't hold anything back," Miller said.

"It's just awesome. There's nothing else to say. The way I executed, the way I skied, is something I'll be proud of the rest of my life."

Having skipped off-season training while he debated retiring, Miller nearly didn't have enough energy to hold on as he came over the final pitch of the slalom course.

"My legs started feeling really wobbly," he said. "I didn't even feel like I was looking at the gate anymore."

Miller, a double silver medalist at the 2002 Salt Lake City Games, has also won a silver and a bronze at the Vancouver Games — a sharp contrast from his no-medal performance in Turin four years ago, when he made more headlines for his late-night partying than his skiing.

Miller said he was running on "fumes" following his first two races.

"I felt awesome about it," he said. "But still, it's incredibly emotionally exhausting to do it like that."

"I've got one leg that's injured and another leg that's on my boat already," he added, looking forward



Bode Miller of the United States celebrates during yesterday's flower ceremony after the men's super-combined at the Vancouver 2010 Olympics in Whistler.

to his post-season vacation.

Ivica Kostelic of Croatia took the silver medal, 0.33 seconds behind, while Silvan Zurbriggen of Switzerland claimed bronze, 0.40 seconds back.

Downhill leader Aksel Lund Svindal of Norway didn't complete his slalom leg, sealing the victory for Miller.

Ryan Semple of Mont-Tremblant, Que., was top Canadian in 15th.

"I was in a decent position after the first run," said Semple, who was sitting 26th after the downhill. "I just wanted to move up in the slalom, ski as fast as I could."

Michael Janyk of Whistler was 26th. He had the fourth-best time in the slalom, but had too much time to make up after finishing more than six seconds back in the downhill.

Louis-Pierre Hele of Berthierville, Que., was 30th and Toronto's Tyler Nella 32nd. Both were skiing in their first Olympics.

THE ASSOCIATED PRESS

Vancouver Games



The Games' Golden Rule

Field of Play

Scott Russell

metronews.ca/fieldofplay

It is strange how the blink of an eye can change things forever. For skeleton slider Jon Montgomery, seven one-hundredths of a second separated him from the rest of the Canadian athletes in Whistler.

That sliver of time meant he became a gold medal champion while others were left to consider opportunities missed.

But even though not everyone can win a gold medal, or any medal for that matter, there are a champion's qualities that come to the fore if you pay attention to what the athletes say when it's all over.

Erik Guay is a case in point.

He missed the podium by a mere three one-hundredths of a second in the Super G. Guay made an error at the third gate. It was a slight stumble that he believes cost him the Olympic championship. It's something he can never take back and it's doubly difficult to accept knowing he missed a medal in the same race at the Games of 2006 by a similar margin.

"It's a hard pill to swallow," Guay said. "But I made a mistake and I take full responsibility. If anything it makes me hungry to push ahead to the next

Jon Montgomery

Olympics in 2014. I'll be there."

Taking the blame is a tough thing to do when you're that close to glory. Guay did exactly that by resolving to be better next time instead of making an excuse for a near miss.

For Jon Montgomery, the circumstances were very different but the rules he lives by are strikingly similar to Guay's.

"This is Canada's gold medal for sure," said Montgomery after claiming first place in the skeleton by less than a tenth of a second.

"It belongs to my parents, as well. They raised me and



Share Your Views

vancouverletters@metronews.ca

instilled in me the attributes of an athlete who can perform at the right time and achieve his goals."

Then Montgomery went on to thank his sponsors and the people in Calgary who operate the track he trains on, as well as the Own the Podium program.

"All of these people have a piece of this medal."

It is enlightening to listen to the athletes in the aftermath of their performances. While some have succeeded and others have not, they are distinguished by their grace and generosity of spirit.

You might say that most Olympians live by their own golden rule.

In victory and defeat it is best to share the credit and accept responsibility for the outcome of every race.

Gemini Award winner and author Scott Russell is the Host of CBC Sports Weekend seen Saturday afternoons. A 20-year CBC Sports veteran, he has covered a variety of professional and amateur sports including nine Olympic games and numerous world championships.

Whistler's temporary clinic prepared for any outcome

MEDICINE The Whistler Polyclinic is a temporary hospital where battered and bruised athletes come for medical care.

It's located in what looks like a giant white tent on the edge of the Whistler athletes village. But what the facility lacks in bricks and mortar, it makes up for in high-tech equipment and high-calibre care.

There are ultrasound machines, both in the clinic and at some of the venues, capable of beaming images to off-site experts.

Attached to one side of the building is a trailer housing a CT scanner. Attached to the other is a trailer housing an MRI machine, critical for looking for soft-tissue trauma.

But the piece de resistance of the facility is the MMU.

It's short for the mobile medical unit, a small emer-

gency room and operating theatre housed in a trailer located at the rear of the polyclinic. The MMU could house 12 patients, including people undergoing and recovering from surgery.

Yes, surgery. If the need arises, a staff of volunteer surgeons, anesthesiologists and operating-room nurses could perform any type of surgery on the spot.

"We like to think that we're preparing 99 per cent of the time for that very small chance that we may have to do something," says Dr. Ross Brown, medical manager of the clinic.

The equipment is courtesy GE Healthcare, a top tier Olympic sponsor.

There have been some nasty tumbles at the Games. The clinic staff and imaging equipment have been kept occupied.

THE CANADIAN PRESS

Extra amenities

• The Polyclinic features a range of therapy services — sports massage, physiotherapy, acupuncture — as well as free eye care, an ear-

nose-and-throat specialist, a dentistry service, and a pharmacy, where the World Anti-Doping Agency's banned-substances list is posted.



WEEKLY OFFERS



natura

YOU COULD **WIN YOUR FAVOURITE** GAMING CONSOLE AND A GAME OF YOUR CHOICE!

Once you find the name of the athlete sponsored by **NATURA** at nutrisoya.com visit **clubmetro.com** and enter for your chance to **WIN!**

To register and for full contest details visit clubmetro.com

SPORTS ACTION PROPS

Now bet on almost anything that can happen in the game!

bclc Know your limit, play within it. **15+** YEARS

CAPERS COMMUNITY MARKET

WHOLEFOODS




ORGANIKA

Wild Harvested **PACIFIC SALMON OIL**

Huile de saumon 100% PURE STANDARDIZED 1000 mg 100 Softgel Capsules / Gélules Molles

Available at all Whole Foods Market and Capers locations

Wild Harvested PACIFIC™ SALMON OIL is an excellent source of Omega 3 fatty acids. It can help lower cholesterol, reduce arthritis pain, and support healthy brain function.

Hollingsworth eyes 2014 Games

SKELETON Canadian skeleton slider Mellisa Hollingsworth says despite her heartbreaking finish at the Olympics she wants to get back on the track immediately, and plans to finish what she started at the Games in Sochi, Russia, in 2014.

Hollingsworth was the favourite in the event after dominating the World Cup circuit.

But when chasing leader Amy Williams of Great Britain in the final heat, Hollingsworth says she went hellbent down the track to try and win, rather than play it safe. She hit a wall and finished fifth.

The 29-year-old from Eckville, Alta., says she has been overwhelmed in the last two days from the support she has received, including 500 e-mails.

She says she didn't get out of bed the day after the event, but that evening went to watch teammate Jon Montgomery receive a gold medal.



Mellisa Hollingsworth

THE CANADIAN PRESS

Athlete hospitalized following crash

Ukrainian ski jumper Vitaliy Shumbarets was taken to a hospital after crashing during training at Whistler Olympic Park. Organizers say Shumbarets did not appear to be seriously injured but was momentarily unconscious. **THE ASSOCIATED PRESS**

**Vancouver Games**

Speedskater Denny Morrison

Official, coach reject Morrison's complaints

Speed Skating Canada responded yesterday to Denny Morrison's criticisms of the program, saying the athlete needs "to take accountability" for his performance and actions.

Brian Rahill, the long-

track team's high-performance and Olympic director, believes Morrison was likely speaking out of frustration when, during a nine-and-a-half-minute scrum with reporters following his ninth-place fin-

ish in the men's 1,500-metre race on Saturday, he questioned his regimen and the decision to bar American Shani Davis from his training group four years ago.

Rahill, rejecting those

claims in an interview, said he and national team coach Marcel Lacroix discussed the idea of reuniting Morrison and Davis three months ago and would have "entertained" it had Morrison asked.

"We're athlete-centred and coach-driven, so if he had issues, he should have brought them up strongly with his coaches," said Rahill, who hadn't yet spoken to Morrison.

THE CANADIAN PRESS

Despite risks, some curlers are coming back to kilts

FASHION For once it's not just Scottish bagpipers who are wearing kilts at the curling rink.

Scotland's iconic fashion staple is making a comeback with some of the curlers at the 2010 Winter Olympics.

In a sport synonymous with its Scottish birthplace, there was a time when it was commonplace to see women curlers wearing kilts as a regular part of their wardrobe.

Colleen Jones, the six-time Canadian and two-time world champion, never curled in anything but a kilt

"I wouldn't want an equipment malfunction out there, so it's probably best I stay in pants."

Cheryl Bernard, Canadian curler

But with the arrival of stretchy curling pants, the kilt seemed to be a dying fashion statement in the curling world until these Olympics.

Madeleine Dupont, the skip from Denmark, and her teammates are making a definite fashion statement in Vancouver. But she admitted it came as a compromise.

"We made a deal so half of the games we're in kilts and half of the games in pants," chuckled Dupont. "I prefer the kilt but I know some of the others prefer pants, so that was the deal."

When the Danes wear white, it's pant time. But the kilts come out when they sport red.

You won't see Cheryl Bernard, skip of the Canadian rink, in anything other than curling pants.

"I wouldn't want an equipment malfunction out there, so it's probably best I stay in pants."

THE CANADIAN PRESS

Performance counts Canada!

Shell
V-Power®
Nitrogen Enriched Gasoline

Recommended by



Shell V-Power,® our best, most advanced gasoline, contains the highest concentration of Nitrogen Enriched cleaning technology. It provides **maximum protection** and **optimum performance** when compared to other Shell gasoline grades, cleaning up engine gunk even **faster!**
Helping you get the most out of every drop.



www.shell.ca/nitrogen

®Trademark of Shell Canada Limited. Used under license by Shell Canada Products.

British literary house Faber & Faber is planning to establish a creative writing school in Canada. Expected to open in October, the Faber Academy Toronto will offer a selection of long and short fiction and poetry courses, with notable Canadian writers serving as instructors. **METRO NEWS SERVICES**

RESIDENT CARE ATTENDANT

BC Government approved Curriculum & 8-week Practicum

- The Most Competitive Tuition Fee - \$5900
- Student Loans Available & EI Funding Accepted
- Job Placement Assistance Provided

Daytime, Evening and Weekend Classes

www.rcit.edu

Royal Canadian Institute of Technology
Vancouver 604-879-5676 Surrey 604-588-7248

the
freedom
to learn in
French...
anywhere
in BC



College
EDUCACENTRE
College

THE FRENCH COLLEGE
IN BRITISH COLUMBIA

educacentre.com
1800-747-4825

BRITISH COLUMBIA
Canada



FITNESS LEADERSHIP DIPLOMA PROGRAM

Become a Personal Trainer

Morning, Afternoon & Evening Classes

EARN UP TO \$70/HOUR

Govt financial aid may be available



Hilltop Academy
604-930-8377

www.hilltopacademy.ca



Enjoy Listening? Helping Others?

Get paid to do the work you love!
Pursue a career in Counselling.

The Vancouver College of Counsellor Training Offers:
Free Information Sessions - every Wednesday (11 a.m.)

- Diploma of Professional Counselling (52 week program)
- Diploma of Counselling Practice (24 week program)
- Family Support Worker Certificate (24 week program)
- Addictions Worker Certificate (24 week program)
- Specialized Areas of Interest & Individual Courses



Call 604-683-2442 or 1-800-667-3272
www.vcct.ca • info@vcct.ca

Part-Time Career Courses

Upgrade your skills **right now**. Attend Part-time classes.

- Elder Planning Counselor
- Employee Benefits Specialist
- Certified Financial Planner
- International Freight Forwarder
- Health Insurance Consultant
- Human Resources Professional
- Investment Adviser
- Life Insurance Consultant
- Mutual Funds Salesperson
- Securities Dealer

Ashton

Contact **Patrick Fowler** or visit
our website for more information.

www.ashtoncollege.com
PH 604.899.0803

Workology

EDITOR: DOUGLAS.DUNLOP@METRONEWS.CA

Using a love of food to create food you'll love

OddJobs

Diane Peters

Metronews.ca/oddjobs



Sita Kacker grew up eating shepherd's pie, poutine, curry and pineapple upside down cake.

That's what happens when you come from Indian heritage and grow up in England, Montreal and Oakville, Ont.

Being exposed to all this food diversity eventually influenced Kacker's career choice, but as a young person she wanted to become a doctor.

Kacker, now 32, studied nutrition and nutritional sciences at the University of Guelph, and followed it with a master's in human philosophy and nutrition, thinking she'd go to medical school.



Sita Kacker has one refined taste palate.

ical school.

But then she took a course in product development as part of her degree. "This is exactly what I want to do with the rest of my life," she thought at the time.

A friend working in the

food industry hooked Kacker up with her first job after graduation. She helped a small gourmet food company develop things like tapenades and flavoured oils for high-end food stores.

Two years later, she got a job interview at Loblaw's — where Kacker dreamed of working. It was an intensive interview process that included tastings to assess her palate. She got hired in 2005 and is still with the company.

Kacker has worked on a number of different food categories over the last five years. "Now I have the best category," she says, creating frozen entrees, pizza, frozen fruits and vegetables, ice cream and beer.

Kacker works on a team

The Lowdown

Job title: Product developer
Salary: Not available

Education/training: A background in either food science or culinary arts, ideally both

Best Part of the Job: "The food. Just tasting and eating. And travelling and being exposed to different cultures."

Worst Part of the Job: "Cleaning out my freezer at work."

with a product manager and a quality assurance expert. The food development process starts with an idea, which can come from the numerous books and magazines she reads, other retailers, eating out, Loblaw's customers, staff and the manufacturers the company works with. And travel: Kacker recently went to Mexico to taste authentic local cuisine and to London to check out packaged foods.

After an idea is proposed and gets basic approval, Kacker starts cooking, either in the test kitchen or with staff at a food manufacturer's plant. She'll create numerous versions of the dish and share them with the company's other product development teams during daily tasting sessions. (If she works on anything Indian she'll often pass it by her mom to make sure it tastes authentic.)

Diane Peters once hawked magic pens at the Canadian National Exhibition. She's now a writer and part-time journalism instructor.

nimbus
School of Recording Arts

KI77

Enroll now to reserve your spot!
604.875.8998 • www.nimbusrecording.com

SFU

SIMON FRASER UNIVERSITY
FACULTY OF APPLIED SCIENCES



Faculty of Applied Sciences • fas.sfu.ca
School of Computing Science • cs.sfu.ca
School of Engineering Science • ensc.sfu.ca



JIBC

Ride Safely

NOVICE & TRAFFIC MOTORCYCLE TRAINING



To Register: 604.528.5590
www.jibc.ca/ptec

CANADA'S leading
PUBLIC SAFETY
EDUCATOR

People are getting back to work

More than half (58 per cent) of the employees laid off in the last 12 months continue to be resilient in their job searches and have secured new positions.

According to an updated survey by CareerBuilder, 51 per cent of workers who were laid off from full-time jobs in the last 12 months have found new full-time positions, up from 48 per cent in June 2009.

"Despite one of the most competitive job markets in decades, nine-in-10 workers say they have not given up on their job searches, and the amount of workers who have found work is evidence that their drive and determination are paying off," said Brent Rasmussen, President of CareerBuilder North America. "The number of laid-off workers who have found new full-time and part-time jobs rose in the last six months. Although this good news reflects a healing economy, it also shows that job seekers are exploring career options in new industries."

Changes in Pay

Looking at workers who were laid off in the last 12

months and found new jobs, 61 per cent reported they were able to negotiate comparable or higher pay for their new position. Thirty-nine per cent of workers took a pay cut.

Transferring Skills

Workers reported they are applying their skills to new areas. More than half (51 per cent) of workers who were laid off in the last 12 months and landed new jobs said they found work in a different field than where they were previously employed, with a third having said they really enjoy their new positions.

Starting a Business

An increased number of job seekers have adopted an "if you can't find a job, create one" way of thinking.



Nearly three-in-10 workers (29 per cent) who have not found jobs are considering starting their own business, on par with findings from the June survey.

Job search

Twenty-two per cent of

workers who were laid off in the last 12 months and found new jobs say they found their new roles through personal referrals, with 21 per cent finding work through online job boards.

METRO NEWS SERVICES



Flexible Scheduling, Start Monday!

E/I Supported Training

3 Campuses to Serve you Better

SkyTrain Accessible

- Office Administration Diploma
- Computerized Accounting Software
- Payroll Specialist
- Microsoft Office Specialist



Enroll today! 604-248-1242 • www.trainingforjobs.com

10 FULL TIME POSITIONS AVAILABLE

- Avg \$600-\$1,000/week
- Opportunity for growth & advancement
- No experience
- Training provided

CALL FOR AN INTERVIEW

604.451.4466



G4S Security Services (Canada) Ltd.

The Leading International Security Provider

FT & PT positions

Must have BST I & 2
Operations Department
fax 604-683-0621

LEARN HYPNOSIS TO HELP OTHERS EARN \$90 plus per hour

Accredited Diploma in Hypnotherapy



No Pre-Requisites • No Age Limit

Limited Seating

Payment Plans Available

www.mbscollege.org • 604-709-9300

SFU

SIMON FRASER UNIVERSITY
COMPUTING SCIENCE

DUAL DEGREE PROGRAM IN CANADA & CHINA



www.cs.sfu.ca/SFU-ZU
778.782.7112 cschina@sfu.ca

YOU HAVE THE SKILLS. PUT THEM TO WORK IN CANADA.



The Government of Canada's new Foreign Credentials Referral Office helps newcomers who are looking to put their skills to work in Canada. The federal government has reached an unprecedented agreement with the provinces and territories to speed up the assessment and recognition of foreign qualifications.

Get information on how to put your training and knowledge to work at:

www.credentials.gc.ca 1-888-854-1805 (TTY: 1-800-926-9105)

Or visit us at one of more than 300 Service Canada centres nationwide.



Government
of Canada

Gouvernement
du Canada

Canada

Police and worried loved ones are searching for actor Andrew Koenig, best known for playing Boner on *Growing Pains*, who went missing in Vancouver a week ago, popeater.com Koenig, 42, has recently been working as a camera operator on the comedy podcast, *Never Not Funny*. **METRO WORLD NEWS**

Entertainment

EDITOR: DEAN.LISK@METRONews.CA

Comedy Campaign

Fred Ewanuick stumps for new show *Dan For Mayor*

IAN JOHNSTON
for Metro Canada

Fred Ewanuick says being the star of a new comedy series is hard work — something he most likely avoided in the past.

"I think I really underestimated the work load," laughs Ewanuick, best known as Corner Gas' lovable schlub Hank.

"On Corner Gas, I'd work three days a week maybe and just shoot a couple scenes a day. This is every day, all day. Not that I'm complaining, but it was a bit of a shock."

Ewanuick's extra effort has resulted in the comedy *Dan For Mayor*. In it, the actor plays Dan Phillips, a nice guy bartender who impulsively decides to run for mayor to prove to his ex-girlfriend he's not a loser.

The decision sets in motion an election campaign filled with mishaps and mistakes as Dan finds himself in the public eye and way over his head.

"(Dan's) just this guy who has no direction. And has reached that point where he's starting to wonder what he's going to do with his life. Sort of like my life." Fred Ewanuick

Sort of like my life."

As excited as he is about *Dan For Mayor*'s premiere, Ewanuick is more thrilled by his current gig as host

of the Olympics' nightly victory ceremonies in Whistler.

"It's been just great. The atmosphere is incredible here," he says.

"The only problem is I'm on stage at the same time as the (Canadian) hockey games. But I'm free the night of the gold medal game, so if Canada is in it, I'll be there screaming."

Dan For Mayor premieres March 1 on CTV

When I RETIRE I'm MOVING to _____.
It's worth a talk.

ONLY 7 DAYS LEFT

Speak to a CIBC Advisor about making an RRSP contribution by March 1st.



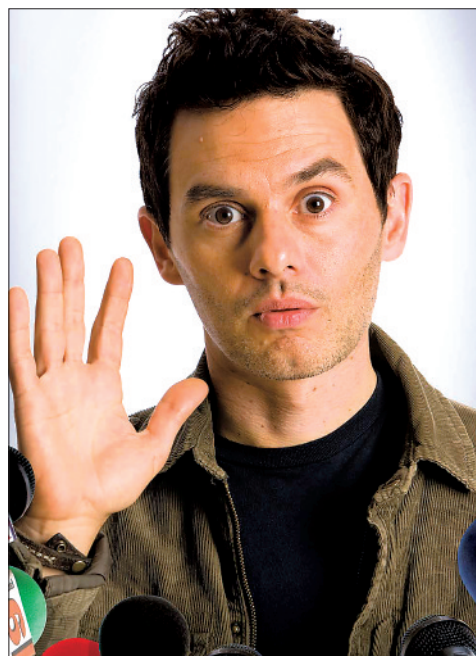
For what matters.

"It's worth a talk." and "CIBC For what matters." are trademarks of CIBC.



Getting hitched

Hilary Duff is ready to tie the knot. The singer and actress has accepted a proposal from Edmonton Oilers player Mike Comrie while on vacation in Hawaii, according to Gate-crasher. **METRO WORLD NEWS**



Fred Ewanuick launches a campaign to impress his ex-girlfriend in new CTV comedy series *Dan For Mayor*.

Polanski named best director at Berlinale

NED EHDAR
Metro World News

Roman Polanski came out a winner at the 60th annual Berlinale, earning the film festival's best director prize for his latest, the *Ghost Writer*, which celebrated its world premiere at the festival.

Producer Alain Sarde accepted on Polanski's behalf, as the scandal-plagued filmmaker could not attend the festival because he is still under house arrest in Switzerland.

"Even if I could I wouldn't go, because the last time I went to a festival to get a prize I ended up in jail," Sarde recounted Polanski saying when he heard the news, referring to his trip to Switzerland last year to accept a lifetime achievement award at the Zurich Film Festival that resulted in his arrest.

Roman Polanski, still under house arrest in Switzerland was named best director at the Berlinale film festival.

rest stemming from his 1977 trial.

Turkish film *Honey* took home the Golden Bear, the festival's top prize. While accepting the award, director Semih Kaplanoglu recounted how the film crew had attracted the attention of an actual bear during production. "The bear is now back," he said, holding up the award statue.

Previous Golden Bear winner Wang Quan'an won the Silver Bear for screenwriting for his *Apart Together*, which opened the festival. Japan's Shinobu Terajima took home the award for best actress, while *How I Ended My Summer* co-stars Grigori Dobrygin and Sergei Puskepalis shared top actor honors for their work in the Russian film.



Hurt Locker trumps Avatar at BAFTAs

Iraq war drama *The Hurt Locker* took home six prizes, including best picture, at the British Academy Film Awards in London last night.

Kathryn Bigelow won the best director prize for the film, beating nominees that included her former husband, *Avatar* director James Cameron.

The *Hurt Locker* also won prizes for original screenplay, cinematography, editing and sound. *Avatar* picked up awards for production design and visual effects.

Avatar and *The Hurt Locker* both went into the awards with nominations in eight categories, including best picture.

The awards, known as BAFTAs, are considered an important indicator of likely Oscar success.



Actress Kate Winslet walks the red carpet yesterday before the British Film Academy Awards at London's Royal Opera House.

Austrian actor Christoph Waltz, already a hot Oscar favourite, won the supporting actor prize for his turn as a chilling, charming Nazi colonel in *Inglourious Basterds*. The supporting actress award went to Mo'Nique for *Precious*: Based on the Novel Push

by Sapphire.

Director Duncan Jones took the award for best British debut for his lost-in-space drama *Moon*.

A tearful Jones, whose father is musician David Bowie, said it had taken him a long time to figure out what he wanted to do

with his life. "Finally, I think I've found what I love doing," he said.

Earlier, Kate Winslet, Colin Firth, Audrey Tautou, Quentin Tarantino, Vanessa Redgrave and *Twilight* stars Robert Pattinson and Kristen Stewart all walked the red carpet before the ceremony at the Royal Opera House, with Prince William on hand to add real royalty to showbiz aristocracy.

The prince, wearing a traditional Saville Row suit, received huge cheers and stopped to chat with waiting fans and have his picture snapped outside the opera house.

William was announced as the new president of the British Academy of Film and Television Arts, which presents the awards.

THE ASSOCIATED PRESS

TV star charged for un-Heroic behaviour

Heroes actor Adrian Pasdar has officially been charged with DUI following his arrest last month in L.A., TMZ reports. **POPEATER.COM**

entertainment 21

Box office

Estimated ticket sales for Friday, Feb. 19 through Sunday, Feb. 21 at U.S. and Canadian theatres, according to The Associated Press:

- Shutter Island:**
\$40.2 million US
- Valentine's Day:**
\$17.2 million
- Avatar:**
\$16.1 million
- Percy Jackson & the Olympians:**
\$9.8 million
- The Wolfman:**
\$9.8 million
- Dear John:**
\$7.3 million
- The Tooth Fairy:**
\$4.5 million
- Crazy Heart**
\$3 million
- From Paris With Love:**
\$2.5 million
- Edge of Darkness:**
\$2.2 million

THE ASSOCIATED PRESS

Jackson dad awarded MJ's medical records

Michael Jackson's father can receive some medical records related to his superstar son's death, a judge ruled Friday.

Los Angeles Superior Court Judge Mitchell Beckloff ruled that Joe Jackson can receive his son's medical records from the hospital where he died. The judge will review the records first before releasing them to Joe Jackson's attorney, Brian Oxman. Beckloff also said the men can only receive records generated on or after June 25 — the day Michael Jackson died at Ronald Reagan UCLA Medical Center.

Oxman sought the files as part of an effort to obtain a monthly stipend for the Jackson family patriarch.

He said during a hearing last week that he also needs the records to decide whether to pursue a wrongful death lawsuit.

Beckloff's order states a medical expert hired by Joe Jackson can review the files, but not copy them.



Joe Jackson appears at the BET Awards three days after son Michael's death. A judge has ruled that he can receive Michael's medical records from the hospital where he died June 25, 2009.

Anyone who sees the records will be required to sign a confidentiality agreement, the ruling states.

Jackson's estate had sought to quash subpoenas that Oxman issued for the files.

Attorneys for the estate argued during a hearing last week that Beckloff

should review the files first.

They also stated the files shouldn't be released until after the results of a May hearing on Joe Jackson's stipend bid.

Oxman said he was pleased with the ruling and expects to have the records soon.

THE ASSOCIATED PRESS

CLUB METRO WEEKLY OFFERS

care presents

HALF THE SKY LIVE

ONE NIGHT ONLY
March 4 at 7:30pm in theatres across Canada
Buy your tickets today at CARE.CA

YOU COULD **WIN** A PAIR OF TICKETS FOR

HALF THE SKY LIVE!
A ONE NIGHT ONLY MOVIE EVENT THAT WILL CHANGE YOUR LIFE!

NEW YORK TIMES BESTSELLER

SHUTTER ISLAND

DENNIS LEHANE

NATIONAL BESTSELLING AUTHOR OF MYSTIC RIVER AND THE GIVEN DAY

"Startlingly original... A deft, suspenseful thriller."—New York Times

HarperCollins Publishers

YOU COULD **WIN** PASSES TO SEE

SHUTTER ISLAND
AND A COPY OF THE BOOK!

visit **clubmetro.com** and enter for your chance to WIN!



To register and for full contest details visit clubmetro.com

VA	Yu	Sc	C	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
251	308	3	CBC	Wheel Fortune	Jeopardy! (N)	18 to Life	Little Mosque	Winnipeg Comedy		CBC News: The National (N)	City-lan	
254	-	3	OMNI	Olympics	Two/Half Men	Black Bearded Barbarian		A Thousand Miles to Freedom		The Simpsons	The Simpsons	King of Hill
250	321	3	CTV	(3:00) XXI Winter Olympics Hockey, Figure Skating, Medal Ceremonies. (Live) (CC)								CTV News (N)
-	-	10	JOY	Frasier (CC)	The Insider	Daily Weekend Edition (CC)	Pottergeist: The Legacy	P3	Diya			New Day
252	336	10	ETV	Entertainment	ET Canada	House "Ignorance Is Bliss"	24 (N) (PA) (CC)	Cold Blood (CC)				News
256	389	10	VI	TMZ (N) (CC)	Access H.	Criminal Minds (CC)	Two/Half Men	Big Bang Th		CSI: Miami "In Plane Sight"		A News (N)
253	359	10	CITY	The Office	The Office	The Bachelor: On the Wings of Love "The Women Tell All"		Dark Blue "August" (CC)		Seinfeld	Seinfeld	EP Daily
-	-	10	CW	The Office	The Office	One Tree Hill (N) (CC)	Life Unexpected (N) (CC)			Seinfeld	Seinfeld	Frasier (CC)
289	381	10	CBS	Entertainment	The Insider	How I Met... (Accidentally)	Two/Half Men	Big Bang Th		CSI: Miami "In Plane Sight"		KIRO 7 News
287	379	10	NBC	Evening Mag.	Olympic Zone	XXI Winter Olympics Figure Skating, Freestyle Skiing, Ski Jumping				(Same-day Tape) (CC)		
602	568	10	W	Superman "Walker Family"		How Clean Is... (How Clean)	Love It or List It "Gallagher"			Love It or List It		Confidential
288	380	10	ABC	Wheel Fortune	Jeopardy! (N)	The Bachelor: On the Wings of Love "The Women Tell All"				Castle "One Man's Treasure"		KOMO 4 News
-	-	10	KVOS	M*A*S*H	Seinfeld	He Said, She Said ** (1991) Kevin Bacon, Nathan Lane.				Seinfeld	King/Queens	Cheers (CC)
291	383	10	PBS	Conver-KCTS	Antique Show	Antiques Roadshow (N) (CC)	American Experience			Scarred Justice		Amer. Masters
290	382	10	Fox	Two/Half Men	Two/Half Men	House "Ignorance Is Bliss"	24 (N) (PA) (CC)			Q13 FOX News at Ten (N)		Family Guy
-	364	10	PBS	For Love of Liberty: Story		Being Served	Keeping Up	Tavis Smiley	Charlie Rose (N) (CC)		Antiques Roadshow (CC)	
296	554	10	SBK	Frasier (CC)	Frasier (CC)	The Office	Name Is Earl	South Park	Half & Half	Paid Program	Street Court	Cold Files
298	553	10	TLA	Two/Half Men	Two/Half Men	One Tree Hill (N) (CC)	Life Unexpected (N) (CC)			KLTA 5 News at 10 (N) (CC)		Friends (CC)
295	551	10	WGN	WGN News at Nine (N) (CC)	Family Guy	Two/Half Men	According-Jim	Friends (CC)	Friends (CC)	Friends (CC)	Mauzy (CC)	Scrubs (CC)
297	552	10	WPX	WPX News at Nine (N) (CC)	Two/Half Men	Friends (CC)	According-Jim	Friends (CC)	Family Guy	Family Guy	South Park	Seinfeld
199	311	10	STR	CTV News	NTV Latenight	News	Late Show W/Letterman	Late Late Show/Ferguson		Inside Edition		
502	390	10	NW	Addicted to Power		CBC News: The National (N)				Addicted to Power		National
500	500	10	CNN	Anderson Cooper 360 (CC)			Larry King Live			Anderson Cooper 360 (CC)		Cooper 360
407	419	10	RSP	(3:00) XXI Winter Olympics Curling, Figure Skating, Curling, women's: Canada vs. Sweden; figure skating. (Live)								Sportsnet
400	400	10	TSN	(3:00) XXI Winter Olympics Curling, Cross-Country Skiing, Freestyle Skiing. (Live)								SportsCentre
411	457	10	OLN	Olympics	Angry Planet	Destination Truth (CC)	Oper. Repo	Oper. Repo	Ghost Hunters (CC)			Ghost Hunters
410	403	10	SCR	WWE Monday Night RAW		(15) Score Now	WWE Monday Night RAW With Michael Cole and Jerry Lawler.					Cabby Unlimit
417	406	10	SC	Barrett-Jackson		Car Crazy	NASCAR Hub	NASCAR	What's Deal?	Barrett-Jackson		Auctions
416	409	10	GLF	(6:00) Fútbol Brasileiro		Off the Pitch	Go! TV News	Off the Pitch	Game Cap	Paid Program	Go! TV News	Go! TV News
552	543	10	YTV	Scorpion	Scorpion	The Next Star "Giving Back"	Fries That?	Prank Patrol	Family Biz	To Be Indie	Prank Patrol	Chickens
555	545	10	TEL	Scooby-Doo	Total Drama	Total Drama	BTEEN (CC)	Futurama	King of Hill	American Dad	Futurama	Chickens
557	541	10	FAM	Sonny Chance	Suite Life	Overruled!	Han. Montana	Wizards-Place	Latest Buzz	Ned's School	Cory in House	That's-Raven
553	546	10	TRE	Little Bear	Toopy	Max & Ruby	Dragon	Backyard	Ni Hao	Go, Diego, Go!	Franklin (CC)	Comfy Couch
268	554	10	KNO	Recreat. Eden	Landscape	Art of the Heist (CC)	Simon Schama's Power of Art			Black Coffee (CC)		Leaving-Lights
575	583	10	CMT	The Man in the Moon ** (1991) Sam Waterston, Tess Harper. Premiere.			The Man in the Moon ** (1991, Drama) Sam Waterston.					
570	580	10	MM	MOD Live at the Base (CC)		Volcans 2010 Concert	Secret Life of American Teen			My Date	America's Best Dance Crew	
600	564	10	H&G	House	House	Holmes on Homes (CC)	Marriage	Income Prop.		For Rent	My First Place	House
615	520	10	A&E	Hoarders "Deborah; Jim"		Paranormal	Paranormal	(01) Intervention "Danielle"		(01) Intervention "Rob"		(01) Hoarders
628	584	10	SPKE	(6:00) The Last Boy Scout *** (1991)		Blue Mountain	Blue Mountain	Blue Mountain		CSI: Crime Scene Invstgtn.		Mysteries
512	560	10	TLC	Ultimate Cake Off (N) (CC)		Cake Boss	Cake Boss	Cake Boss	Cake Boss	Ultimate Cake Off (CC)		Ultimate Cake
616	522	10	CEN	Relic Hunter (CC)		XIII (2009) (Part 1 of 2) Val Kilmer, Stephen Dorff. (CC)				Bones (CC)		NCIS (CC)
620	523	10	BVO	Straight	Trés Portugal	Law & Order "Encore" (CC)	Without a Trace "Revelations"			East Is East *** (1999) Om Puri. (CC)		
601	562	10	SLC	Love Inc.	Love Inc.	ET Canada	What	Real Housewives of New York		Real Housewives, Orange		Runway
520	505	10	DIS	Dirty Jobs Leeches. (CC)		Daily Planet (CC)		MythBusters (CC)		Dirty Jobs Leeches. (CC)		Breaking Point
522	506	10	HIS	Underground War		Greatest Tank Battles (CC)		Lost Worlds: Ivan the Terrible.		Shockwave (CC)		Tank Battles
627	528	10	SPC	(6:00) Dragon Dynasty (2006)		Stormworld	"Stargate SG-1 (CC)		Star Trek: Next Gener.		Star Trek: Voyager (CC)	
294	550	10	TBS	Family Guy	Family Guy	Lopez Tonight	Name Is Earl	Name Is Earl	Sex and-City	Sex and-City	Lopez Tonight	
619	525	10	TROP	Re-Vamped (CC)		Parking Wars	Parking Wars	Flipping Out (CC)		Launch My Line "Finale"		Prod. Parker
603	561	10	FN	Pitchin' In	Glutton	Restaurant Makeover (CC)	Diner, Drive-In	Unwrapped		Top Chef Masters (CC)		Pitchin' In
-	-	10	AMC	(5:00) Forrest Gump ***		Forrest Gump *** (1994, Drama) Tom Hanks, Robin Wright, Gary Sinise.						Brdcast News
626	547	10	COM	Air Farce	22 Minutes	Corner Gas	Name Is Earl	The Simpsons	South Park	John Oliver's Stand-Up Show		Daily Show
320	621	10	CEN	Shake Hands With the Devil		Spartacus: Blood and Sand	Diary-Call Girl	Tracey Ullman		La La Land	Donkey Punch ** (2008)	
581	566	10	MTV	Buried	Life of Ryan	MTV Live	Sex News	The Real World (CC)		Buried	Life of Ryan	MTV Live
261	394	10	V	Unscripted	Archaeologist	Pottergeist: The Legacy		Great Expectations *** (1974, Drama) Michael York, Sarah Miles. (CC)				
-	-	10	MUL	My Queen	Immortal	Lying Low		Simply the	Pinoy Buzz	Orient	News	Patrol World



So this werewolf and this poorly-written female character walk into the Oscars...

Kristen Stewart will be attending the Academy Awards next month with a Twilight co-star on her arm, but it won't be Robert Pattinson. "Me and Taylor (Lautner) are going to present." **METRO WORLD NEWS**

Celebrity Buzz

Hilton birthday bash ends in tears, smiles

HER ENTIRE EMOTIONAL RANGE! IT MUST HAVE BEEN SO EXHAUSTING FOR HER Paris Hilton's 29th birthday party was thrown into chaos when her boyfriend Doug Reinhardt got into a fight with her pal Brandon Davis, femalefirst.co.uk reports.

Onlookers were stunned after the heiress and former The Hills star Reinhardt began arguing in the middle of New York hot spot Tea Room on Thursday. A furious Hilton walked off, and moments later Reinhardt was at the centre of another screaming match with oil heir

Brandon Davis, who was once romantically linked to the socialite.

Reinhardt was said to have been angry after Davis arrived unexpectedly and appeared to be inebriated, according to The New York Post.

A source tells the publication, "One minute, Paris and Doug were looking all

loved up; the next minute, they started bickering. Doug didn't seem happy about all the attention she was getting. Paris started to pout and gave him some girly punches in the back before storming off.

"The next minute, Doug was shouting at Brandon. The music was so loud that we couldn't hear what he was saying, but he then got Brandon thrown out of the door."

But the birthday girl patched things up with her boyfriend and ended the night with a smile on her face.

METRO NEWS SERVICES



Sean has another paparazzi tantrum

SOMEONE PUT HIM IN HIS PLAY-PENN Sean Penn's temper has gotten him into trouble once again. The Oscar-winning actor was charged with battery and vandalism last week for allegedly attacking a photographer and breaking his camera outside a restaurant and shop in Brentwood, Calif., in October, according to Hollyscoop.

Penn was charged with two misdemeanors and could face up to 18 months in prison.

METRO WORLD NEWS



Kourtney denies media rumours ... to the media

I'VE SET UP THESE MULTIPLE PHOTO OPS TO TELL YOU ALL TO LEAVE US ALONE With one smooch (and then another and another) in Vegas on Friday, Kourtney Kardashian and boyfriend Scott Disick put to rest rumours of the couple's demise, people.com reports.

The pair has been under fire since reports surfaced that Disick, the father of Kardashian's nine-week-old son, Mason, had been unfaithful. The rumours, Kardashian said, couldn't be further from the truth.

When asked if she is laughing off the rumours, she told People, "Yes, of course. You can't take it too seriously."

"Scott is my partner and we do everything together," she added.

METRO NEWS SERVICES



Follow these celebrities on Twitter...

CelebTweets

LANC ARM-STRONG unwittingly calls the police, **KELLY CLARKSON** is having trouble getting served in Europe, **DIABLO CODY**'s parents are starstruck, and **DAVID SPADE** is thinking of the public good.

@lancearmstrong: Cops @ house. Some1 dialed 911. After interrogating the kids we figured out yours truly misdiagnosed

@kelly_clarkson: Brussels is pretty but not the easiest place to order food ...sadness. God bless the ham and cheese omelette for being worldwide haha :)

@diablocody: My parents just saw Ian Ziering at the Griddle. This will make their annual Christmas letter for sure.

@davidspade: i think cell phones should come with a breathalyzer attachment. especially after 10 pm. theres some stupid regrettable calls going down.

METRO WORLD NEWS



DONNELLY NIGHTCLUBS

VANCOUVER'S ULTRA PREMIUM NIGHTLIFE VENUES.

OPEN 7 DAYS A WEEK TIL 3AM
FEBRUARY 12 - 28

POP OPERA
BAR NONE
REPUBLIC
THE MODERN

SEE WWW.DONNELLYNIGHTCLUBS.CA
FOR TABLE SERVICE AND EVENT INFO

DONNELLY PUB GROUP MODERN PUB CULTURE.

ALL LOCATIONS
OPEN 10AM - 3AM
FEBRUARY 12 - 28

LIBRARY SQUARE
THE LAMPLIGHTER
THE ACADEMIC
THE CALLING
THE METROPOLE
SMILEY'S

SEE WWW.DHMBARS.CA
FOR MENUS AND EVENT INFO

DONNELLY NIGHTCLUBS | **DONNELLY PUB GROUP**

AG DIGITAL PRINTING + COPYING

DIGITAL COLOUR PRINTS & COPIES
FULL COLOUR LETTERSIZE (ON 24LB LASER BOND)

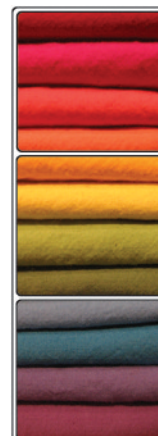
1-100 38¢ EACH, 101+ 19¢ EACH

FROM ONE ORIGINAL. EXTRA CHARGES FOR MULTIPLE FILES. TAXES EXTRA.

EXAMPLE: 100 = \$38 200 = \$57 500 = \$114 1000 = \$209

SUPERB QUALITY, FAST & PROFESSIONAL SERVICE

3 - 4300 Kingsway, Burnaby ■ 604.453.0220 ■ www.agdigital.ca
Monday - Friday 8 a.m. - 6 p.m. ■ Saturday 10 a.m. - 5 p.m. ■ Closed Sunday

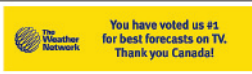


bed

locally made bedding

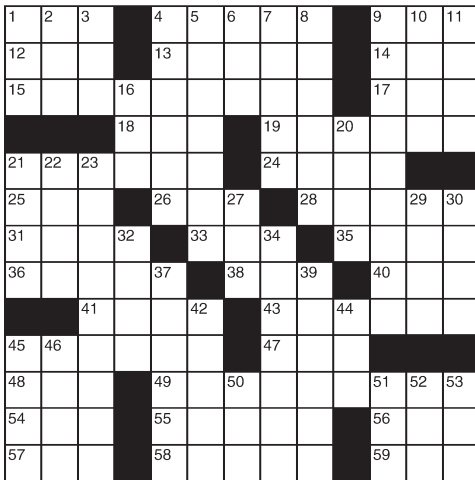
we've got what you want in bed
we're pretty proud of the fact that for nearly 10 years now we've been here in our community, doing it our way in bed. buy your sheets from the people who made them & sleep better tonight.

making your bed since 1999
2151 west 4th ave., vancouver, bc
1.877 / 604.736.3482
www.bed-online.com



For more delicious Metro recipes, visit: metronews.ca/food

Take Five



ACROSS

1 Luau souvenir
4 Homer Simpson's wife
9 Ernesto Guevara
12 Skill
13 Declined a restaurant offer
14 Scarlet
15 Puzzle such as this one
17 Raw mineral
18 Environmentally friendly
19 Textbook section
21 Societal subdivision
24 Snead and Spade
25 "— Town"
26 Recipe meas.
28 Not urban
31 Incite
33 Scot's hat
35 Colour quality
36 Watered (down)
38 Sweet potato
40 — glance
41 Bed-frame

piece
43 Sore
45 Make improvements
47 Equal (Prefix)
48 Clay, today
49 Second-ary conversation
54 Automobile
55 Obliterate
56 Roman 3
57 Compass dir.
58 Bank repositories
59 Started

DOWN

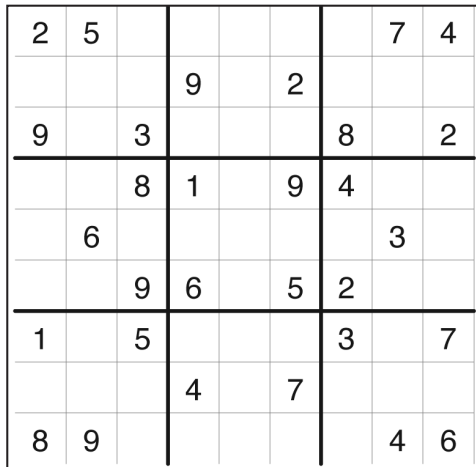
1 Varnish ingredient
2 Blunder
3 Judge Lance
4 Cos-tumed one at an arena
5 If all else fails
6 Old Oldsmobile
7 The Dionne Quintuplets, e.g.
8 Ingratiate
9 Intersection
10 Medal earner
11 Paradise
16 Collection

20 Pornography
21 Second-year student
22 Franc replacement
23 Bygone CNN series
27 Salary
29 Initial stake
30 Cordelia's father
32 Sandwich shop
34 "Woman With the Hat" painter
37 Takes to the floor
39 Disarrays
42 — cotta
44 "To be or —"
45 "The Amazing —"
46 Verve
50 Lummo
51 Have a bug
52 Tell a tale
53 Tease

Sudoku

For more/less challenging Sudoku puzzles, visit metronews.ca

HOW TO PLAY: Digits 1 through 9 will appear once in each zone — one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.



PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:



On the web

For more games and 60 additional daily cartoon strips, visit metronews.ca



Metro Recipe of the Day



Sweet and Spicy Chickpeas

INGREDIENTS:

398 mL can chickpeas, drained and rinsed
Finely grated zest and juice of 1 lime
1 tsp white sugar
1 tsp garam masala
1/2 tsp ground cinnamon
1 tsp dried oregano
2 tbsp canola oil
2 small onions, halved and thickly sliced
2 peppers (1 red, yellow or orange and 1 green), halved and thickly sliced
12 baby plum or cherry tomatoes, halved

METHOD:

1. Tip chickpeas into bowl. Add lime zest and juice, sugar, garam masala, cinnamon and oregano. Stir to coat chickpeas in spicy mixture. Set aside.

2. Heat large frying pan or wok with oil. When oil is hot, add onions and stir-fry 4 minutes or until just beginning to colour. Reduce heat and add peppers. Cook for further 3-4 minutes, stirring occasionally, until vegetables are almost tender.

3. Stir in tomatoes, then add spicy chickpea mixture. Cook 2 minutes or until vegetables are tender and everything is hot.

SERVES 4

rd.ca

For nutritional information on this and other great recipes, go to rd.ca or check out Key Ingredients in this month's Reader's Digest, on newsstands now!



Horoscopes by Sally Brompton sallybrompton.com

For Sally's expanded daily and weekend horoscopes, visit metronews.ca

ARIES
MARCH 21-APRIL 20
If you must make a decision about a work-related problem at least wait until the full moon on the 28th has passed by.

TAURUS
APRIL 21-MAY 21
Your work schedule is pretty full at the moment and if you commit yourself to something new it might stretch you too far.

LIBRA
SEPT 23-OCT 23
A radical change of direction is signaled for the coming week and you must expect to encounter stiff opposition.

SCORPIO
OCT 24-NOV 22
Try not to react in an emotional way to what is essentially a practical problem. You have a talent for hiding your true feelings. You need that talent now.

GEMINI
MAY 22-JUNE 21
You can make things easy for yourself or you can make things difficult — it is your choice entirely.

SAGITTARIUS
NOV 23-DEC 21
Current aspects add a sense of urgency to what you are doing but you must not get carried away — time is still on your side.

CANCER
JUNE 22-JULY 22
Adventurous Crabs will go out of their way to seek out new experiences. Not-so-adventurous Crabs will have new experiences thrust upon them.

CAPRICORN
DEC 22-JAN 20
You have made a number of sacrifices in recent weeks and should now be feeling the benefits. So don't go and spoil it by taking unnecessary risks.

LEO
JULY 23-AUG 23
There is a distinct chance that you will clash with a partner or loved one over something that is fundamental to your relationship.

AQUARIUS
JAN 21-FEB 18
A relationship problem you have been trying to ignore will be brought into the open today and everything will change.

VIRGO
AUG 24-SEPT 22
You should find it easier to get along with partners, employers and colleagues this week, at least until the 28th.

PISCES
FEB 19-MARCH 20
If you are a bit worried about the way your life is going then talk things over with someone you can trust.

The Canadian College of Linguistics

Get Certified to Teach English Overseas and in Canada!
Take the Intensive TESOL Course at the UBC Campus!

- UBC campus • One Month course • Flexible Weekend Classes
- Get a certificate that is Respected around the world
- Learn the language standards of The Government of Canada

THE NEXT TESOL COURSE STARTS FEBRUARY 27TH, 2010

REGISTER ONLINE NOW AT www.cclonline.ca
OR CALL 604-983-2664

\$5 Play all your favourite lottery games online!

Registration Promocash*

ENTER PROMO CODE: **PLAY**

*Go to PlayNow.com for registration details and conditions.

Offer valid on new registrations only with Promo Code until March 1, 2010.

PLAY NOW.COM

WE SELL BOOKS FROM \$1
CD'S FROM \$2
DVD'S FROM \$3

BOOK-OFF VANCOUVER STORE

636 HORNBY ST. 604-605-8887

A NEVER BEFORE SEEN USED BOOK STORE!
OPEN 7 DAYS A WEEK • 10am - 8pm

Introducing 16 apps that need no introduction.

Nike Master Control

Free • Looking to improve your soccer skills this year? This elite Nike training app features instructional videos from FC Barcelona coaches. Get tips on ball control, see drills the pros use and even learn some of their signature moves.

Maclean's

Free • The only national news magazine now fits in your pocket. Read selected articles, opinions and blogs, and get the Maclean's perspective on all the issues facing the country.

CBC Hockey

Free • The home of hockey brings you live box scores for the whole NHL schedule, as well as standings and stats for every team and player. Now you can always be on top of your game.

Avis

Free • Get the car you want, when you want it from the car rental service that "tries harder." Easily check real-time availability, make on-the-fly reservations and enjoy access to special rates.

Disney

Free • The largest and most loved entertainment company in the world brings you games, videos, a radio station and more. You can even create a photo of yourself with favourite characters from the Disney movies.

Air Canada

Free • The country's largest airline, at your fingertips. Receive notifications about any changes to your flight, check in and choose your seats – all before you get to the airport.

NFB Films

Free • The National Film Board brings you hundreds of movies – for free. Watch award-winning animations and documentaries right now, or store on your iPhone and view off-line.

LEGO

Free • Enjoy the iconic building toy right on your iPhone. Take a picture, tap the screen and see the image transform itself into Lego bricks before your eyes. Save to your photo library or send to friends and relatives.

The North Face

Free • Before you hit the slopes, pocket this comprehensive resort guide from The North Face. Get trail maps, forecasts, check current snow conditions – from St. Anton to Zermatt.

L'Oréal Paris

Free • Want to know what colours suit your skin tone, or how to apply the perfect lipstick? It's all here on your iPhone. Just tap for make-up tips, skincare information and video demonstrations.

eBay

Free • Put the world's top online marketplace on your iPhone. Search for new stuff and place that last-minute bid even when you're nowhere near your computer.

CBC Radio

Free • Listen to CBC Radio on your iPhone. Tap into 19 live streams and over 60 popular programs on-demand. Browse archived episodes and create a favourites list for quick access to the programs you love.

Scotiabank

Free • Canada's most international bank – on your iPhone. Get the details of any branch and check opening hours. Tap to call or use your iPhone's GPS to find your nearest ABM.

Facebook

Free • If you love Facebook, you'll love having it on your iPhone, where you can check status updates, post comments, tag photos and upload videos when you're out and about.

BMW

Free • Now you can have the BMW experience at your fingertips. Watch a regularly updated collection of videos from prototypes to classic designs, engineering to motor sport.

ESPN

Free • Get instant scores and updates from one of the most reliable names in sports. ESPN's personalized scoreboards let you organize by sport and team so you can follow your favourites wherever you are.



It's amazing who's on the iPhone these days, from Air Canada to Disney, BMW to The North Face. There are over 140,000 apps for just about anything, only on the iPhone.

